Homeworking report

An assessment of the impact of teleworking on carbon savings and the longer-term effects on infrastructure services

June 2021

About the Carbon Trust

Established in 2001, the Carbon Trust works with businesses, governments and institutions around the world, helping them contribute to, and benefit from, a more sustainable future through carbon reduction, resource efficiency strategies, and commercialising low carbon businesses, systems and technologies.

The Carbon Trust:

- works with corporates and governments, helping them to align their strategies with climate science and meet the goals of the Paris Agreement;

- provides expert advice and assurance, giving investors and financial institutions the confidence that green finance will have genuinely green outcomes; and

- supports the development of low carbon technologies and solutions, building the foundations for the energy system of the future.

Headquartered in London, the Carbon Trust has a global team of over 200 staff, representing over 30 nationalities, based across five continents.

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The Vodafone Institute is the European think-tank of the Vodafone Group. The Vodafone Institute analyses the potential of digital technologies and their responsible use for innovation, growth and sustainable social change. Through research and events, Vodafone Institute provides thought leadership and offer a platform for dialogue between businesses, academia and politics. We are committed to enable better access to technology for all parts of society, developing and supporting projects to strengthen diversity in the digital economy. The wide-ranging expertise of the Advisory Board members reflects the Institute's intention to act as a cross–sectoral platform.

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Contents

Executive summary

Key findings

- Homeworking saves carbon emissions on average over the year in all six countries analysed.

- Germany has possibly the greatest potential to enable annual carbon savings in the future – saving 12MtCO$_2$e per year – the equivalent of over 80 million one-way flights from London to Berlin; Italian teleworkers can save the most on an individual basis, the equivalent of over seven such flights per teleworker.

- Perhaps surprisingly it is saved office emissions that represent the largest contributor, with avoided commuting secondary, particularly where office buildings are inefficient.

- However, in winter teleworking doesn't always save carbon, for instance in the case of the average urban German teleworker who commutes by train during the winter, who will have much lower carbon emissions by working in the office than by working from home.

- Planning for a carbon optimum is complex; in a worst-case scenario a hybrid working future could offset the benefits of cities' efficiencies.

- We outline five opportunities for decision-makers to take a comprehensive approach in the way they plan for teleworking and ensure they understand the carbon impact of a hybrid working model.

The Vodafone Institute commissioned the Carbon Trust to provide an assessment of the current state of affairs related to the impact of teleworking on climate change across six European countries: United Kingdom (UK), Germany, Spain, Sweden, Italy and the Czech Republic. This study assessed the carbon savings potential that an average teleworker could reach if working from home for a year-long period compared to going into the office.

This assessment focused on home working and the comparison with office-based working, (the scope did not include other business related travel). The study also includes an overview of broader implications teleworking could have on infrastructure use and further considerations needed for decision-makers to better plan cities, telecommunications and other infrastructure services for future teleworking with minimal carbon impact.

Figure 1 Total carbon savings potential in a future post-COVID scenario (MtCO$_2$e/year)

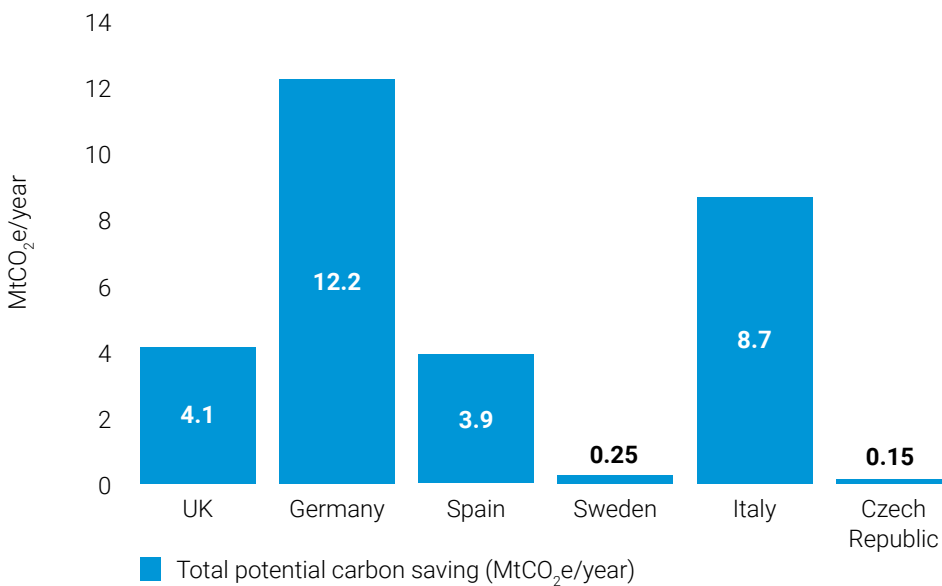Our analysis shows that homeworking saves carbon emissions on average over the year in all six countries analysed. Germany has possibly the greatest potential to enable annual carbon savings in the future at 12MtCO$_2$e/year (Figure1), assuming that all workers with teleworkable jobs adopt teleworking practices, given the large working population and relatively large proportion of that population whose jobs are deemed to be teleworkable (39%).

The study considered working patterns for four COVID related scenarios: pre-, during, post (2021) and post (2022+). Carbon savings are particularly correlated to the average frequency of homeworking amongst teleworkers. We see that when strict lockdown restrictions were imposed in 2020 carbon saving per average teleworker was highest compared to pre and post COVID scenarios given that lockdown measures resulted in fewer days in the office (Figure 2).

Figure 2 Pre, during and post COVID carbon savings per teleworker by country
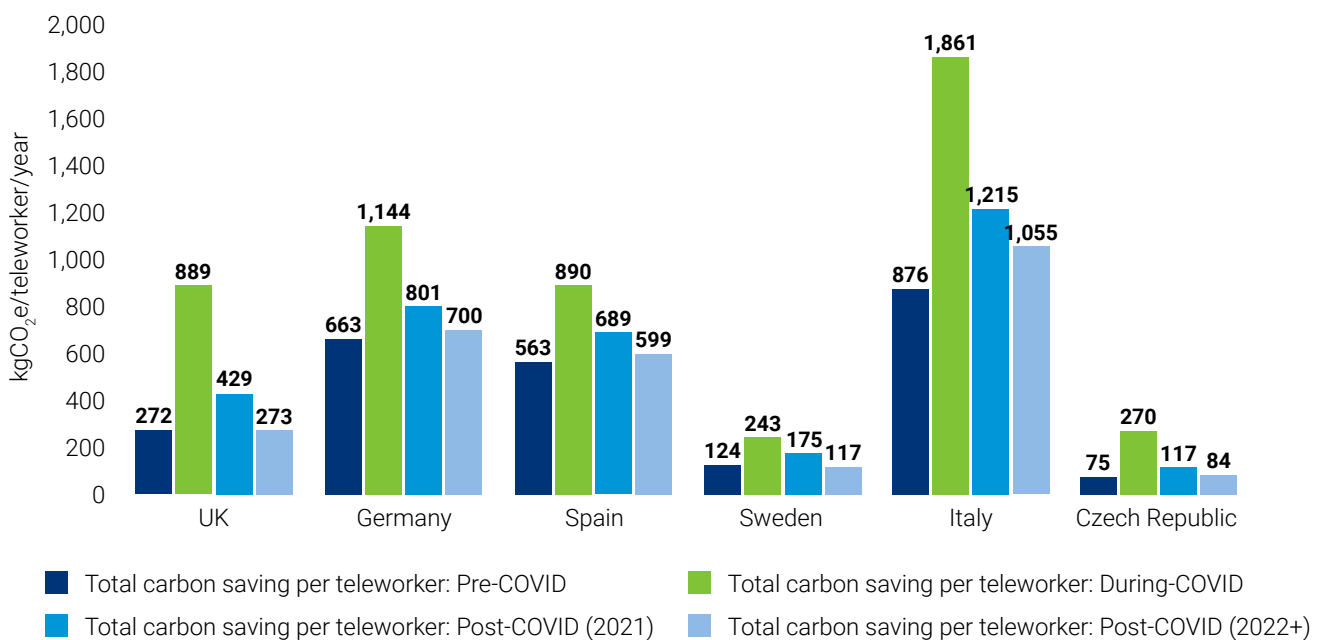
The impact areas considered in the study were: the avoided commuting emissions, the avoided office-related emissions, and the additional domestic energy consumption when working from home. There are other less significant emissions that are broadly similar whether working from home or in the office, including the emissions related to data transfer over the internet.

(Note, that during the pandemic although data traffic over the internet increased, telecommunications operators reported only very small increases in energy consumption[1]).

Across all countries we found that office emissions represent the largest contributor to the emissions savings (see Figure 3).

Figure 3 Average teleworker carbon impact areas by country during COVID
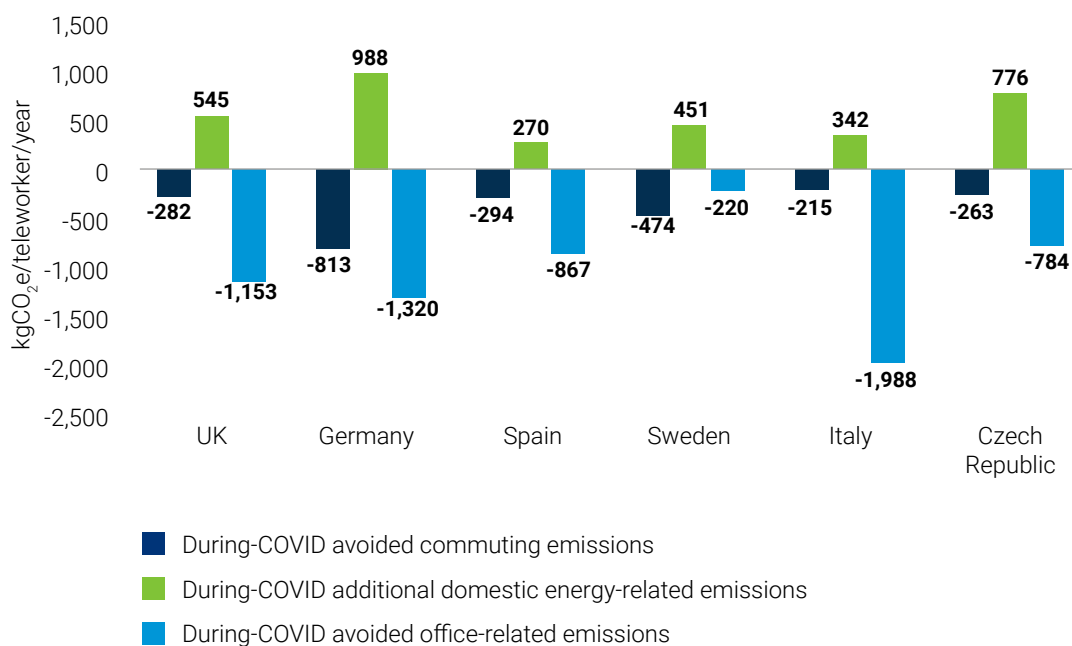
Office-related savings are particularly greater in countries where buildings are inefficient. For example, we found that in Italy the carbon savings potential is greater than in Sweden. Italy's office building stock is less energy efficient and the country's heating system heavily relies on high-emitting sources of energy such as gas. On the contrary, Sweden's savings potential is much less significant given the more efficient building stock, a less carbon-intensive grid and the presence of district heating.

However, to get a comprehensive view on the carbon impact of teleworking future studies need to understand the impact of changing behaviours, seasonality and marginal demand for infrastructure on carbon emissions.

For instance, in the case of Germany our analysis shows that in winter the average German teleworker that commutes to work by train can save greater emissions than working from home.

Planning for a carbon optimum can be difficult in a world where there is no determined pattern in people's commute, energy use and demand at homes vs. office buildings. In a worst-case scenario a hybrid working future could offset the benefits of cities' efficiencies and create a world where buildings and homes are used inefficiently with a transport system that is unable to respond to changing demand and potentially more cars on roads.

There is an opportunity for decision-makers to take a comprehensive approach in the way they plan for teleworking and ensure they understand the carbon impact of a hybrid working model:

Telecommunications: European countries need to address the broadband internet access gap (particularly in rural areas) and accelerate the rollout of the technology given the switch to an economy highly dependent on digital and internet services. At a regional and national level countries can incentivise and enable innovation to ramp-up digital and broadband internet access as well as implement investment friendly framework conditions that can facilitate this development. This could include greater public subsidy programmes to target and support the most isolated areas in terms of broadband internet access, namely in rural environments. For example, the €750 billion EU Recovery and Resilience Funds will enable European governments to address the rural digital divide and barriers to rural infrastructure investment, with at least 20% of the funding specifically allocated to digital. Additionally, policy reform could help increase the provision of internet access, in particular through investment friendly spectrum auction design and licence terms, the removal of network deployment barriers and by providing guidance on network sharing arrangements.

Electricity supply: Better understanding of electricity demand is needed but also how movements from urban to rural environments might impact demand and power generation sites. With more people working from home there is a greater case for home solar panels and storage. Further, energy suppliers need to think about how to incentivise demand side responses when people are at home all day.

Cities: The pandemic has offered an opportunity to re-think how urban dwellers engage with their cities and implement planning frameworks such as the 15-minute city that incentivise greener and healthier lifestyles. In future development plans, spatial analysis could account for teleworking trends and how it may further impact emissions (e.g. where satellite cities or rural areas increase co-working spaces or regional hubs).

Transport: Due to COVID-19, commuting patterns have completely changed. Planners need to better understand what these will look like. Local authorities can incentivise city retailers and teleworkers to use e-mobility for deliveries or short trips within their municipality to reduce congestion, pollution and transport emissions

Buildings: Increasing homes and buildings efficiency needs to be a priority to alleviate additional strain on countries' energy systems and also reduce the carbon impact of existing housing stocks that are poorly insulated and relying on fossil fuel sources of energy. Local and national governments should further support financing schemes to implement housing retrofit measures. EU member states can allocate funds and packages available by the EU Green Deal for renovation of buildings as well as offering repayment or loan schemes for energy renovation for both private and public investors. Companies should adopt measures and smart technologies that can help rationalise offices depending on the number of people and where they are located in the offices.

1. Introduction

1.1. COVID-19: an unprecedented shift in our working culture

In response to the COVID-19 pandemic, many organisations globally have transitioned to working at home wherever possible. This is the first and the largest teleworking 'experiment' in history which has accelerated trends towards flexible remote work and digitalisation[2]. People have discovered that they no longer need to be in an office and can get most things done remotely. They do not need to commute to work and instead have adopted more flexible working hours, splitting life and work activities to accommodate home-schooling, curfew restrictions and other activities.

The rapidity of these changes has affected organisational culture with an unprecedented uptake of collaborative technologies (videoconferencing, screen-sharing, digital shared file storage, digital whiteboards etc.) that are freely available and sophisticated.

Organisations have had to adapt to giving up face-to-face interactions and heavily rely on households' access to reliable broadband.

At a household and individual level this has also shifted the way people depend on broader infrastructure including connectivity to cities and offices or how they use their domestic facilities and appliances that resulted in, for those at home, an increase in domestic electricity bills[3]. The pandemic has also given the opportunity to re-think what quality of life means, and for some to relocate to places with less urban density and greater access to green spaces.

What is a teleworker?

A teleworkable job is defined as a job that is technically possible to conduct remotely/from home utilising teleworking, regardless of whether it currently is or not[4].

A teleworker, in this report, is defined as somebody who regularly does some work from home as part of their working pattern. Essentially meaning that a non-teleworker is somebody who never works from home. The aim of this analysis is to best represent an average teleworker, in particular a typical office teleworker. This average includes teleworkers that regularly work from home at any frequency, including if someone works from home only once a month or 5 days a week.

1.2. Scope and overview of this study

This new pattern of working has had a significant short-term impact on emissions, and the way cities and infrastructure are used, which are likely to remain long term trends as companies adopt flexible and hybrid working models. This report aims to assess the current state of affairs of teleworking's impact on climate change. The analysis was designed to help decision makers inform future teleworking and in-person working plans in a way that they optimise their working models in general and adopt a sustainable working culture with a minimal carbon footprint.

The analysis assesses the carbon footprint and potential savings of an average teleworker and compares results in a pre/during/post COVID scenario based on the average frequency of homeworking for each of the scenarios. A qualitative analysis complements these results to provide a broader understanding on further research and implications to consider what would give a more granular view on the carbon impact of teleworking and potential challenges that our infrastructure systems could face.

Figure 4 The average number of days per week worked from home per teleworker, pre-COVID, by country
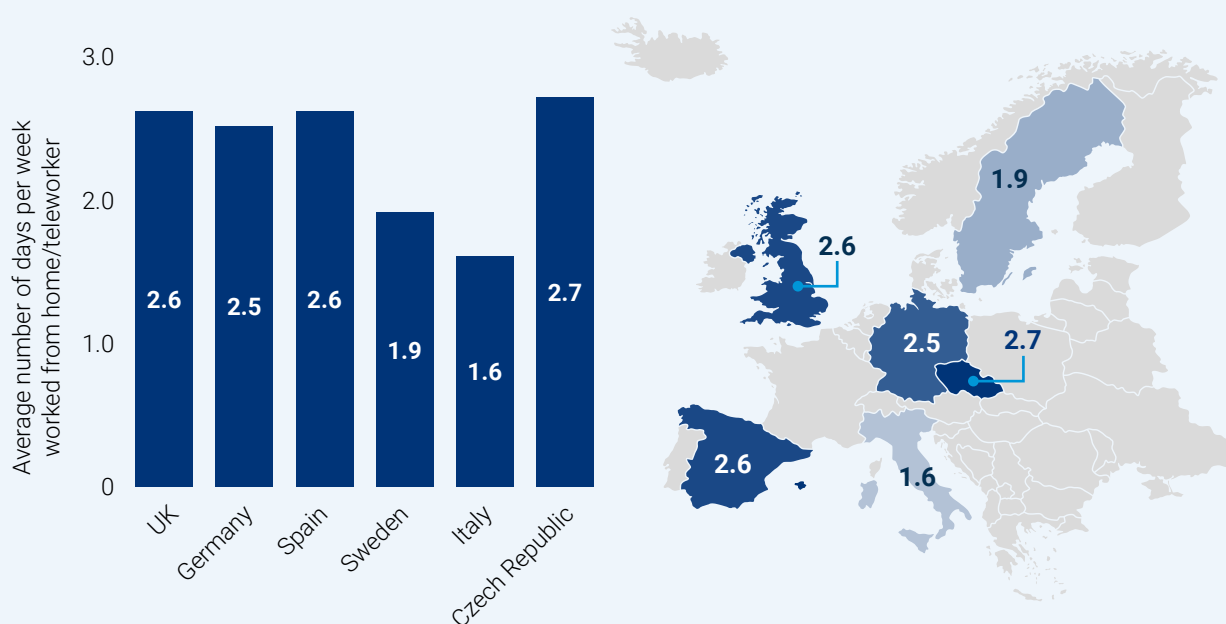
The analysis focuses on six European nations: UK, Germany, Spain, Sweden, Italy and the Czech Republic. As indicated in figure 4 before the COVID-19 pandemic the average frequency of homeworking was relatively low across all countries which reflects the varied nature of teleworking across Europe.[5] During the coronavirus pandemic however, we have seen a marked increase in the average frequency of homeworking amongst teleworkers (Figure 5). This increase in teleworking frequency reflects the impact of nation-wide implemented lockdown restrictions, stay at home orders, and the subsequent uptick in working from home rates as shown in Figure 5.

Figure 5 Average number of days per week worked from home by teleworkers during COVID
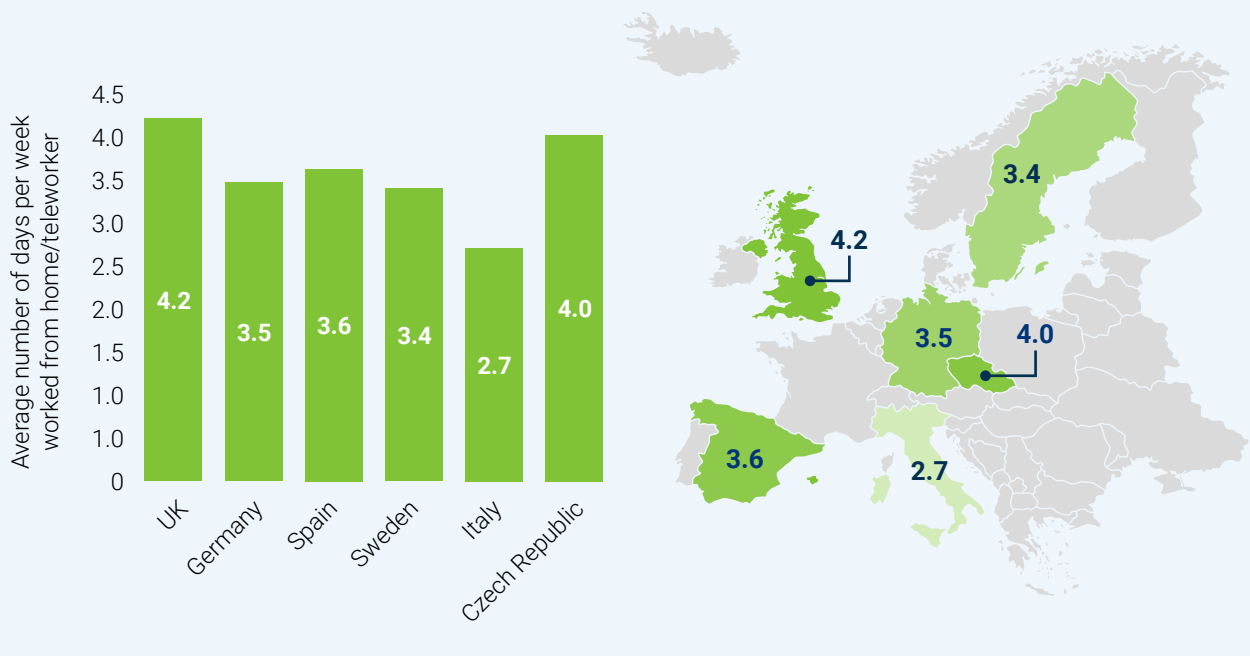
While all six countries analysed have seen an increase in the homeworking frequency of teleworkers, there is again significant regional variability in this increase from before to during the pandemic (Figure 5). The UK has shown the greatest increase in days per week worked from home by teleworkers by 1.6 days per week, to 4.2 days per week overall during the COVID-19 pandemic lockdown [6,7]. Germany, meanwhile, whilst previously having one of the highest homeworking frequencies, saw the smallest increase during the lockdown restrictions, of just 0.9 days, to 3.5 days per week during COVID[8,9]. The during COVID trend of homeworking frequency shows a different regional pattern compared to before the pandemic. This analysis also looked at the potential future frequency of homeworking amongst teleworkers in both a short term (post-COVID 2021) and longer term (post-COVID 2022+) scenario. It must be noted that the results of these scenarios, especially the frequency of homeworking, are based on potential future trends from research literature and studies, and are inherently highly uncertain. They represent only one potential future scenario that may or may not play out in the coming years.

Figure 6 summarises the change in teleworking frequency for countries across the four COVID scenarios, reflecting the predicted change in teleworking patterns from pre-COVID to a post-COVID world in 2021 and in the longer term (2022+). In this time period it is projected that European societies will move out of lockdown restrictions in mid/late 2021. This follows the assumption that teleworkers will begin to return to the office on an increased basis as restrictions are relaxed.

However, the post-COVID scenarios reflect that the COVID-19 pandemic has had a more profound and lasting impact on teleworking behaviour, for both those who teleworked before the pandemic or those newly accustomed to it. This is shown by the frequency of teleworking for 2021 and 2022+ dropping to lower than during-COVID levels but remaining significantly higher than pre-COVID levels. This is reflective of the fact that more workers and jobs have adapted to teleworking conditions, and that it will remain a significant part of people's working lives in the future, as projected by various studies[10,11]. The detail of teleworking patterns of this analysis can be found in appendix 2.

Figure 6 Average number of days per week worked from home by teleworkers across all COVID scenarios

Average number of days per week worked from home/teleworker

Country	Pre-COVID	During-COVID	Post-COVID (2021)	Post-COVID (2022+)
UK	2.6	4.2	3.4	3.0
Germany	2.5	3.5	3.0	2.7
Spain	2.6	3.6	3.1	2.8
Sweden	1.9	3.4	2.6	2.4
Italy	1.6	2.7	2.1	1.9
Czech Republic	2.7	4.0	3.3	3.0

- ■ Average number of days per week worked from home by teleworkers pre-COVID
- ■ Average number of days per week worked from home by teleworkers during-COVID
- ■ Average number of days per week worked from home by teleworkers post-COVID (2021)
- ■ Average number of days per week worked from home by teleworkers post-COVID (2022+)

2. Methodology

2.1. Overview

The following section summarises the methodological approach taken in this analysis, to assess the potential carbon savings impact of teleworking, and how the Coronavirus pandemic has impacted teleworking frequency and carbon savings potential.

The countries in the scope of this analysis included: UK, Germany, Spain, Sweden, Italy and Czech Republic.

2.2. Summary of calculations

This analysis conducted by the Carbon Trust calculated the average annual carbon saving per teleworker by country. The scope of the sources of carbon emissions accounted for from an average teleworker included three key areas:

• Average avoided commuting emissions from teleworking

• Average avoided office-related emissions from teleworking

• Average domestic-related emissions from teleworking

A summary of the key assumptions for the emissions calculation is shown in section 2.3. For further details of the assumptions, sources used and the calculations, see Appendix 1.

The primary focus of this study was to analyse, in-depth, the three components (mentioned above) that exhibit the largest emissions impact on individual workers. In line with this, certain aspects of commuting, domestic and office emissions have not been included within the scope of the analysis. This list includes:

• Internet related activities of working (such as videoconferencing, videocalls, email etc.)

• Small domestic appliances for heating or cooling (such as desk fans or portable electric heaters) as well as

• Larger domestic appliances such as dishwashers and cooking appliances

The report acknowledges that these components are a feature of teleworking but it does not account for their energy use, as the additional emissions impact of each is negligible and similar whether being at home or in an office. This assumption corroborates with other previous studies of homeworking.[12,13] For further details of these specific assumptions, see Appendix 2.

The emissions associated with data transmission over the internet is comparatively small. Using figures for per capita data consumption for different countries[14], an energy intensity value for fixed broadband data transmission[15], and country specific electricity grid emission factors[16], gives a total annual emission figure per person of between 1 and 2 $kgCO_2e$ for the

countries considered in this report (except for Sweden, which because of its very low grid emission factor results in a figure of 0.1 $kgCO_2e$ per year for internet data usage). These are for the emissions of the network transmission and do not include the emissions associated with the home router used to connect to the internet. The home router is typically on 24 hours a day, and uses about 10 W, which results in an annual emissions value between 20 and 40 $kgCO_2e$ for the countries considered in this report (except for Sweden where the value is about 1 $kgCO_2e$).

It should be noted that the energy used for the internet network transmission and for the home router remains fairly constant irrespective of the amount of data being transmitted, and so is a fixed emissions "cost" whether one is working from home or from the office.

For comparison, a daily commute by car of 10km (round trip) is about 2 $kgCO_2e$ – that is more than the annual emissions associated with the internet data transmission for an average person.

2.3. Teleworking scenarios

The average annual teleworker potential carbon savings were assessed across four COVID scenarios, each with a different average frequency of days worked from home per week. The four scenarios, and how the average teleworking frequencies were calculated, are outlined as follows (see Appendix 2 for details of sources used for each scenario frequency calculation):

• Pre-COVID: this scenario represents the typical frequency of teleworking in each of the six countries prior to March 2020, i.e. before the impact of COVID lockdown restrictions were felt. The average number of days worked from home per teleworker by country for this scenario was assessed based on a combination of national statistics data, research, studies and media articles.

• During COVID: this scenario represents the average frequency of teleworking during the coronavirus pandemic from March 2020 to March 2021, whilst lockdown restrictions were enacted across European nations. The average number of days worked from home per teleworker by country for this scenario was assessed based on a combination of national statistics data, research, studies and media articles.

• Post-COVID (2021): this scenario represents the short-term projected frequency of teleworking in an immediate post-COVID world, as European nations begin to emerge from lockdown restrictions. The average frequency of homeworking by teleworkers was assumed to be an average between pre and during COVID scenario levels of teleworking. This assumption made by Carbon Trust is based on published reports of teleworking behaviour trends[17], and aims to reflect a potential short-term future teleworking scenario.

• Post-COVID (2022+): this scenario represents a potential frequency of teleworking in the longer-term post-COVID world. In this scenario, the frequency of homeworking by teleworkers was projected to increase compared to pre-COVID levels. This reflects assumptions that after an initial reduction in teleworking frequency after lockdown restrictions are lifted in the short-term, in the long-term the frequency of teleworking will remain at a rate above pre-COVID levels, as more workers and businesses adapt to teleworking as an accepted working pattern, as suggested by survey data from published reports[18]. This scenario is based on assumptions of future behaviour, and is inherently highly uncertain.

2.3.1. Commuting calculation approach

The average annual avoided commuting carbon emissions per teleworker were calculated for each country under each scenario. These average annual savings represent the average carbon emissions per teleworker that would have been emitted over a year-long period if the average teleworker had commuted to work, rather than worked from home.

For this calculation, key assumptions were used, to capture a representative average of commuting patterns and distances travelled by office workers for each country. A summary of the key parameters and assumptions is shown in table 1. For further details of the assumptions, sources used and the calculations, see Appendix 1.

Table 1 Commuting emissions calculation

Parameters and assumptions	Key sources
Frequency of teleworking days per week, by COVID scenario	National employment statistics
Average commute distance (km) by workers	National transport statistics, EU datasets e.g. gov.uk, EuroStat
Mix of transport modes used by workers	National transport statistics, EU data sets e.g. EuroStat
Emissions factors by mode of transport	BEIS, DEFRA (2020)

2.3.2. Domestic energy calculation approach

The additional domestic energy consumption accounted for in this analysis encompasses three core aspects:

1. Energy use from home-office equipment such as laptops, lighting and screens,

2. Heating energy consumption,

3. Cooling energy consumption

For this analysis, and the sake of simplicity, it was assumed that on any given day a teleworker was working from home, they were working from home alone, i.e. they did not share energy consumption with others.

The average annual additional emissions per teleworker were calculated, reflecting key parameters and assumptions of each country's housing stock and energy consumption. A summary of the key parameters is shown in table 2. For further details of the assumptions, sources used and the calculations, see Appendix 1.

Table 2 Domestic emissions calculation

Parameters and assumptions	Key sources
Frequency of teleworking days per week, by COVID scenario	National employment statistics
Average home size (m^2), by country	National housing statistics, EU data sets e.g. destatis, EuroStat
Energy consumption from homes, by emission source	National energy statistics, EU data sets e.g. EuroStat
Electricity grid emission factors, by source	BEIS, DEFRA (2020), IEA (2020)

2.3.3. Office energy calculation approach

These average annual savings represent the average carbon emissions per teleworker that would have been emitted over a year-long period if the average teleworker had worked in the office, rather than worked from home. The avoided office-related energy consumption and associated carbon emissions savings were calculated by analysing average national buildings and office energy consumption data, statistics and literature.

Additionally, the analysis accounted for the space utilisation of office workers, in order to allocate the additional avoided office-related energy consumption on a per office worker/teleworker basis. A summary of the key parameters is shown in table 3. For further details of the assumptions, sources used and the calculations, see Appendix 1.

Table 3 Office emissions calculation

Parameters and assumptions	Key sources
Frequency of teleworking days per week, by COVID scenario	National employment statistics
Average office workstation size (m^2)	National statistics, EU data sets e.g. EuroStat
Energy consumption from offices, by emission source	National energy statistics, EU data sets e.g. EuroStat
Rate of desk utilisation (%)[19]	The Workspace Consultants (2020), Trading Economics (2020)
Electricity grid emission factors, by source	BEIS, DEFRA (2020), IEA (2020)

3. Results: on average teleworking leads to carbon emissions savings at an individual level

3.1. Results show that pre/during/post-COVID an average teleworker working from home saves carbon

Regardless of where teleworkers work, there is a balancing of three core emissions components at the individual level that define a teleworker's emissions profile.

These are the avoidance of commuting and office-related emissions by working from home, counteracted by the rebound effect of additional domestic energy consumption when working from home.

Figure 7 Pre-COVID emissions components and total carbon savings per country

Legend:
- Pre-COVID avoided commuting emissions
- Pre-COVID additional domestic energy-related emissions
- Pre-COVID avoided office-related emissions
- Total carbon saving per teleworker: Pre-COVID
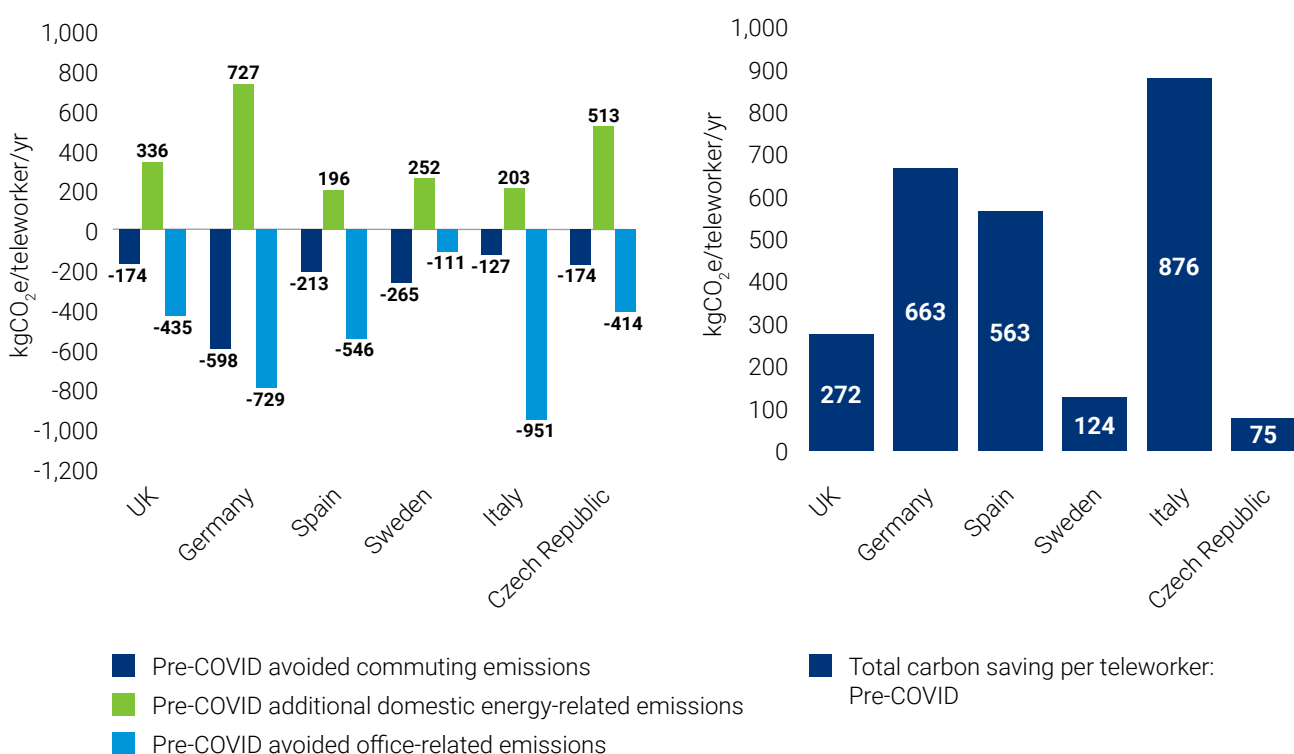
The results of this analysis indicate that, on an individual level, teleworking can enable potential annual carbon savings, based on the average frequencies of homeworking amongst teleworkers. These potential carbon savings have been achieved before and during the coronavirus pandemic, and are also set to be enabled by individual teleworkers in future scenarios.

Figure 7 illustrates how, in a pre-COVID scenario, an average teleworker in all six countries can enable potential carbon savings. This graph demonstrates the avoided commuting (dark blue bars) and avoided office (light blue bars) related emissions by a teleworker working from home at the average annual frequency for each country, before the coronavirus pandemic. These avoided emissions are represented as negative emissions. The green bars represent the positive rebound effect emissions resulting from home energy use when working from home, including heating, cooling and home office equipment throughout the year. These positive rebound emissions work to offset somewhat the avoided emissions of commuting and office energy.

However, on balance, the avoided emissions are enough that an average teleworker in each country can enable a net saving in carbon emissions by working from home.

In all countries, the potential annual carbon savings from avoided commuting and avoided office emissions overall outweigh the individual's annual additional domestic emissions, resulting in a net annual carbon saving. The total average annual carbon savings per teleworker, by scenario, by country ($kgCO_2e$/teleworker/year), and the average number of days per week worked from home by a teleworker are outlined in Appendix 3.

As countries locked down during the COVID pandemic, and the frequency of teleworkers working from home increased, this resulted in an increase in the potential annual carbon savings of individual teleworkers. Figure 8 illustrates this marked increase in the average annual carbon savings of teleworkers, across all countries, when shifting from pre-COVID to during COVID lockdown measures.

Figure 8 Total carbon savings per teleworker pre vs. during COVID

Total carbon savings per teleworker: pre-COVID
Total carbon savings per teleworker: during-COVID
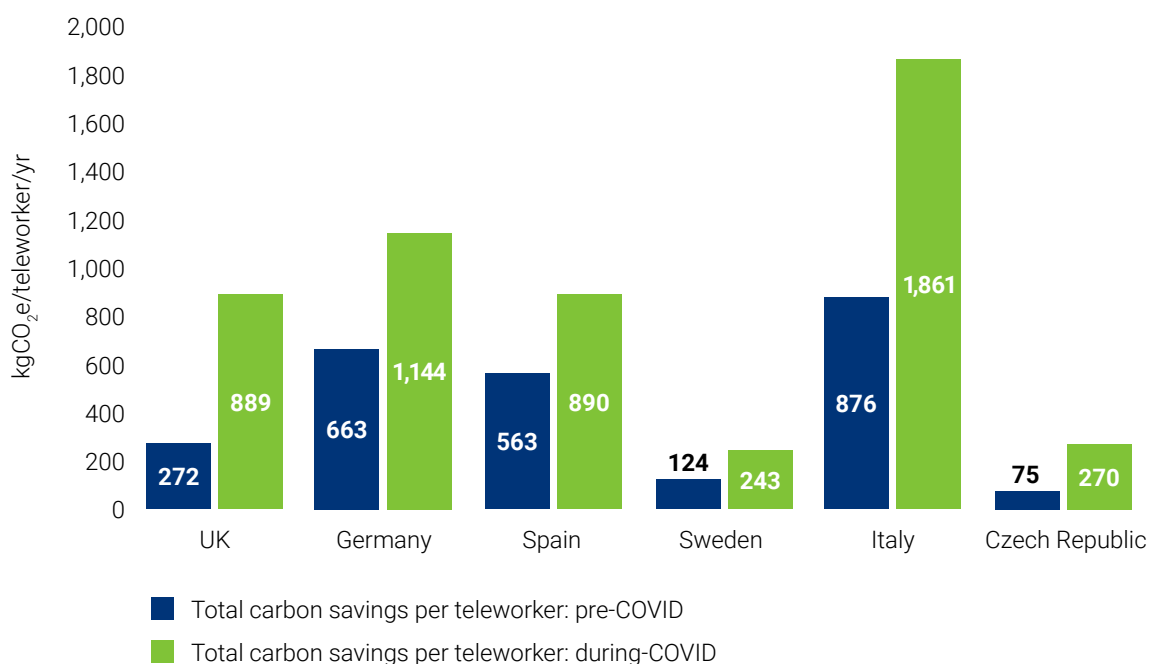
Relatively, the UK and Czech Republic saw the greatest increase in average carbon savings (>200%), whilst the biggest actual increase in carbon savings was seen in Italy (985 kgCO$_2$e/teleworker/year). Spain and Germany saw relatively low proportional increases in teleworker carbon savings, although both actual increases are relatively substantial.

Sweden saw the lowest actual increase (120 kgCO$_2$e/teleworker/year), this is due to the fact that a Swedish teleworker's carbon impact is relatively low in general, compared to the other countries assessed.

Figure 9 Total carbon savings per teleworker during vs. post-COVID
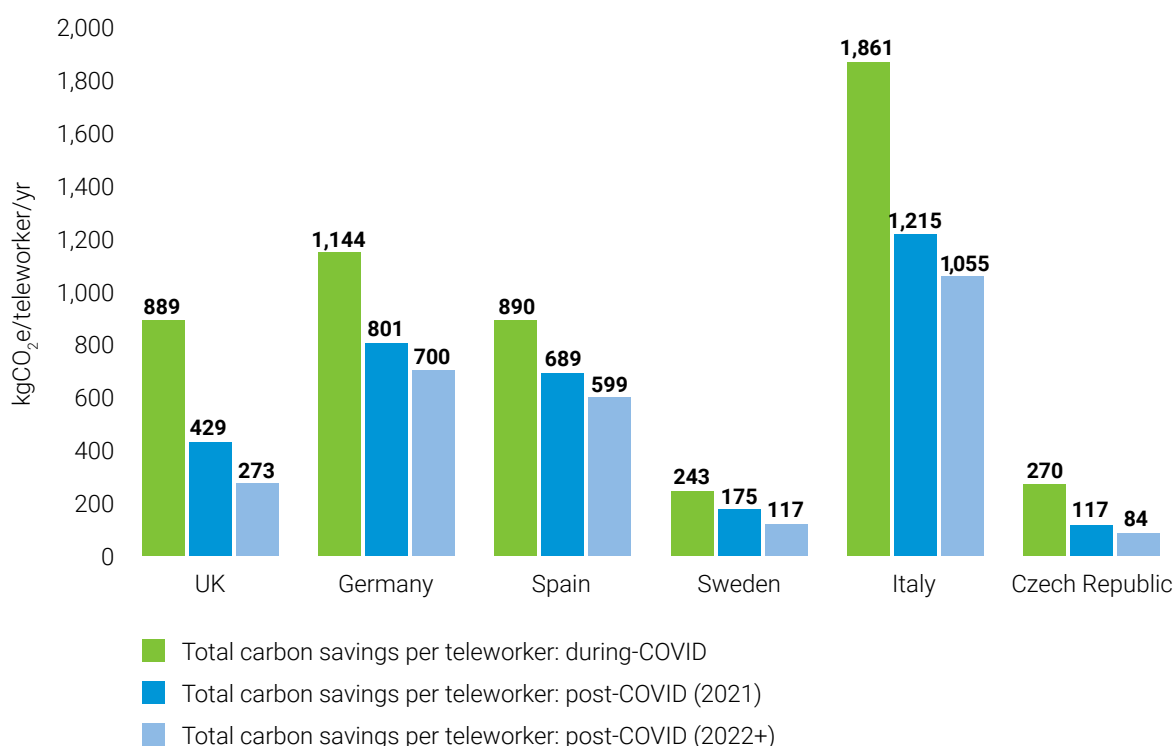
Under the future post-COVID scenarios, teleworking patterns in 2021, 2022 and beyond projected that the average frequency of homeworking is set to fall again from during COVID levels. Consequently, the average teleworker annual carbon saving markedly decreases in post-COVID 2021 & 2022+ scenarios, across all countries, reflecting this modelled future projection.

Figure 9 illustrates this trend in total carbon savings per teleworker in the Post-COVID scenarios.

3.2. Regional variability in individual teleworker savings

The results of this analysis demonstrate significant variability in individual potential carbon savings between European countries. This regional variability is present across all four modelled scenarios.

Figure 10 illustrates the potential annual carbon savings per teleworker by country across all scenarios.

Figure 10 Total carbon savings per teleworker by country across all scenarios

- ■ Total carbon savings per teleworker: pre-COVID
- ■ Total carbon savings per teleworker: during-COVID
- ■ Total carbon savings per teleworker: post-COVID (2021)
- ■ Total carbon savings per teleworker: post-COVID (2022+)
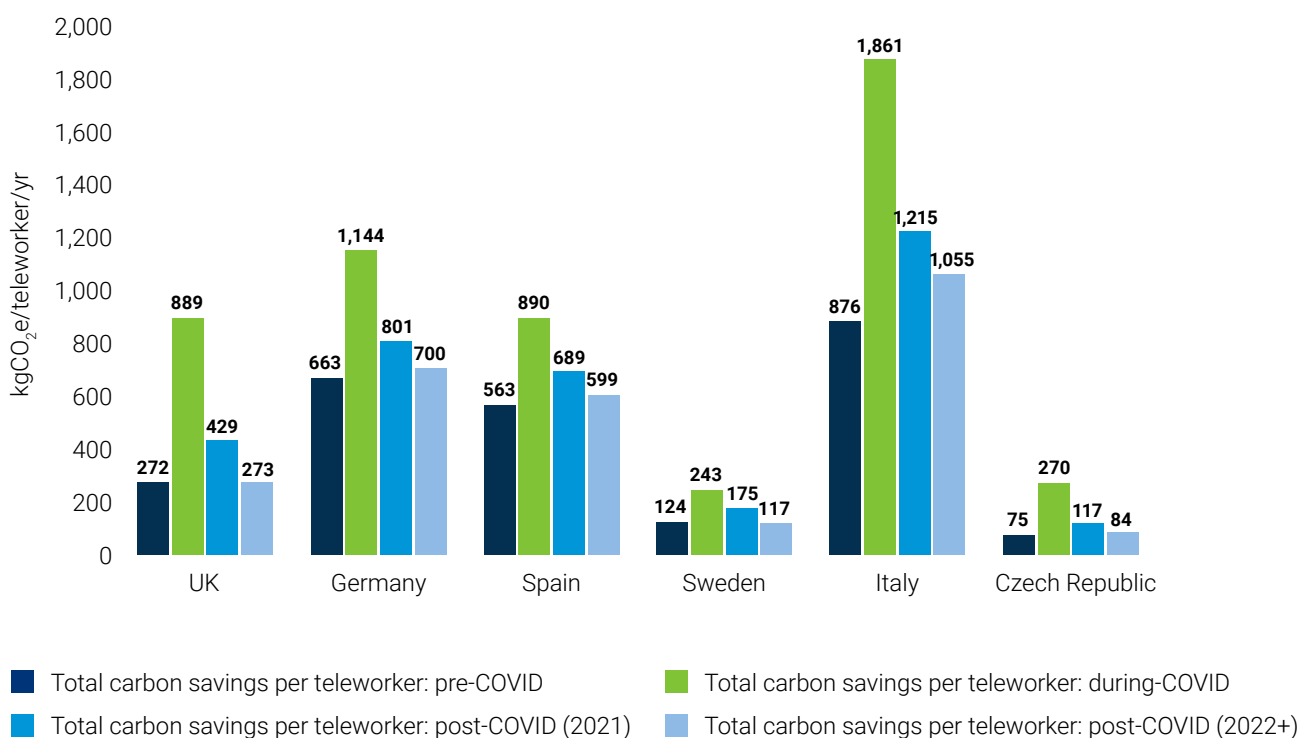
There is an increase in carbon savings as teleworking increased between pre-COVID and during-COVID scenarios, however, there is substantial variability of carbon savings between these countries. Notably, across all scenarios, Italy demonstrates a significantly higher average annual savings per teleworker compared to other countries.

While Sweden and the Czech Republic demonstrate the lowest levels of average annual carbon savings. We compare Italy and Sweden's carbon savings potential per scenario below.

Country analysis: Italy vs Sweden

Figure 11 Italy and Sweden carbon savings per teleworker across all COVID scenarios

Legend:
- ■ Total carbon savings per teleworker: pre-COVID
- ■ Total carbon savings per teleworker: during-COVID
- ■ Total carbon savings per teleworker: post-COVID (2021)
- ■ Total carbon savings per teleworker: post-COVID (2022+)
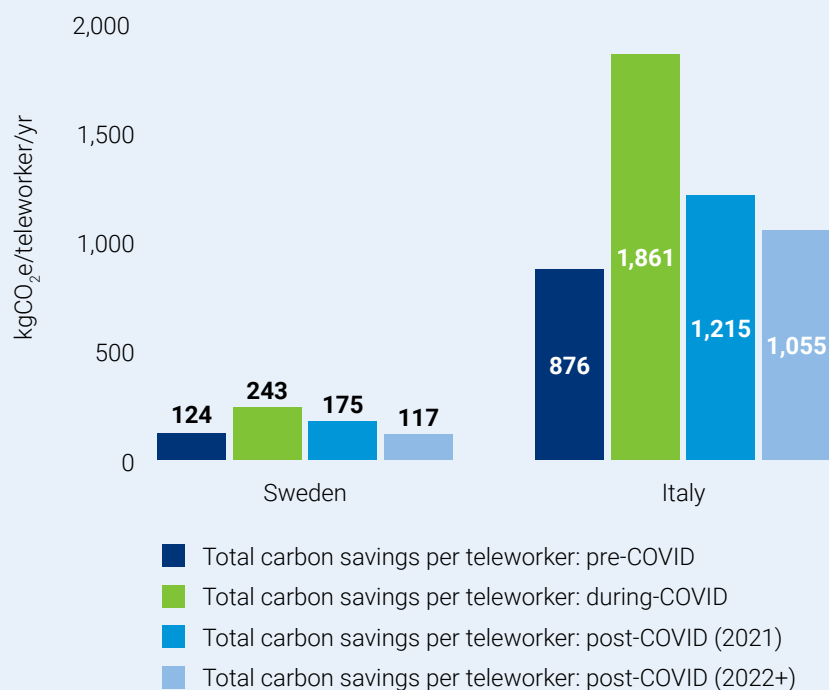
Italy's carbon savings potential for during-COVID scenario is nearly 8-fold greater than Sweden's potential savings. This reflects the variation in energy consumption between the two countries

- Italy's large carbon savings are predominantly driven by the much greater energy intensities of offices in Italy compared to other countries. Thus, by working from home, Italian teleworkers avoid a significant amount of office energy related emissions.

Conversely, teleworkers in Sweden experience the lowest amount of carbon savings by working from home. This is driven by a combination of factors including:

- Relatively low electricity grid intensity, compared to other EU countries

- Adoption of lower carbon sources for home heating systems, mainly district heating, electric heating and biomass and negligible use of oil and gas (compared to other EU countries)

- Generally lower frequencies of working from home amongst teleworkers across all 4 scenarios

3.3. Teleworkers homeworking in countries with inefficient offices benefit from greater carbon savings

Our analysis suggests that the average teleworker annual carbon saving is primarily being driven by office-related consumption. Figure 12 below, highlights how the avoided office emissions of teleworkers when working from home during the COVID-19 pandemic are, for the majority of countries, the driving force of avoided emissions potential, outweighing both the avoided commuting carbon impacts and the rebound carbon impacts of domestic consumption. What this suggests is that over a year long period, when working in the office, teleworkers are consuming more energy and resulting in higher levels of carbon emissions, compared to their commute and, in most cases,

their energy consumption on days when working from home. The average teleworker in Sweden has a relatively small impact, and therefore saving, from office related energy when working in office buildings. Instead, Swedish teleworker annual savings are driven by their avoided commuting emissions. Furthermore, the domestic-related emissions when Swedish teleworkers work from home actually outweigh their office-related savings impact, suggesting office buildings in Sweden are significantly energy efficient. A full breakdown of the proportion of enabled avoided emissions, for each country, can be found in Appendix 3.

Figure 12 During COVID emissions components and total carbon savings per teleworker by country

Legend:
- During-COVID avoided commuting emissions
- During-COVID additional domestic energy-related emissions
- During-COVID avoided office-related emissions
- Total carbon savings per teleworker: during COVID
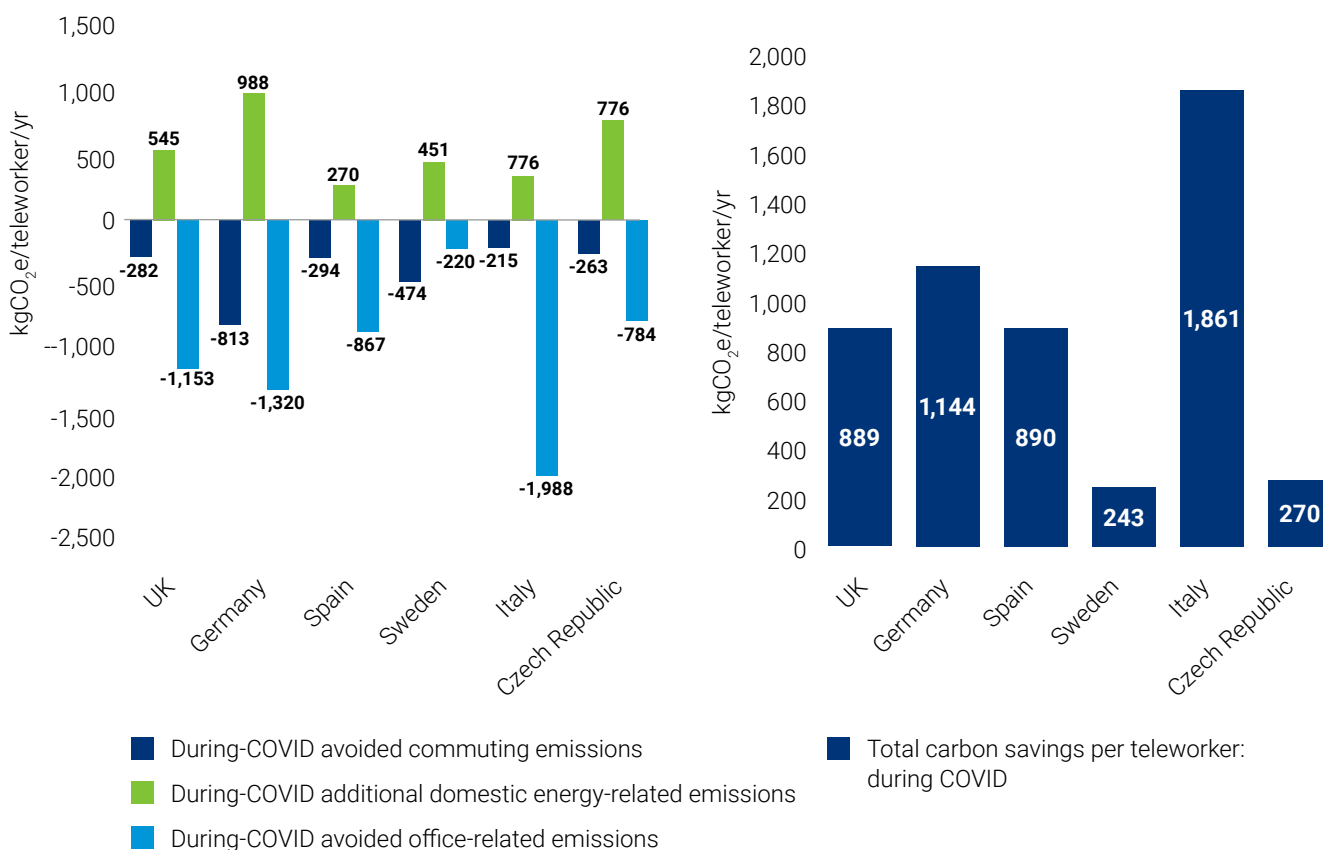
While avoided office-related emissions are typically driving teleworker annual savings, there is again significant regional variability between countries. This regional variability is reflective of differences in average buildings energy performance between countries, as well as variability between commuting patterns. As demonstrated in Figure 12, Italy not only has the highest average annual avoided office emissions per teleworker, but also the highest proportion of office avoided carbon emissions compared to commuting.

In order to understand the impact and variability of office-related avoided teleworker emissions, it is necessary to dig down into the average energy consumption of office buildings.

Figure 13 illustrates the average kWh/m^2 in office buildings by country, used in this analysis. From this data it is evident how considerably more energy intensive office space per m^2 is in Italy compared to other countries, driven by a considerably higher gas consumption value. Comparatively, gas consumption in other European countries is almost half that of Italy's, while Sweden has an exceptionally low gas consumption rate, utilising district heating instead. Electricity grid intensity also has a significant role to play in determining the degree of office-related (and domestic-related) emissions of individual teleworkers.

Figure 13 Average annual office energy consumption (kWh/m^2) per country
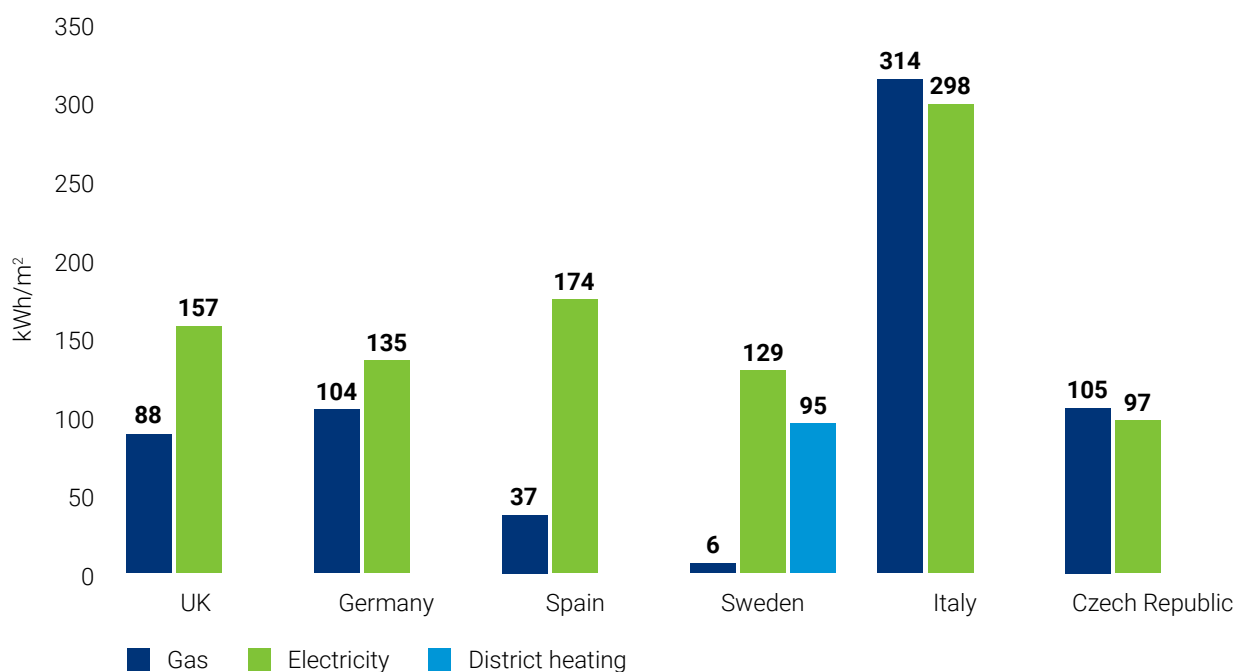
As figure 14 below illustrates, Sweden has a much lower grid intensity emission factor compared to other countries (~ 1/30th the size of Germany's emission factor) where Germany, Italy and the Czech Republic are among the highest (see Appendix 1 for table of grid emission factors, by country). Consequently, this results in Swedish teleworkers producing much lower carbon emissions when consuming electricity than, for example, Italian teleworkers, whether at home or in the office.

This means while Swedish teleworkers benefit from having a lower emissions impact when consuming electricity, it also results in them effectively being penalised in terms of savings, as they avoid much less emissions when working from home. Combining this impact of grid intensity, with differences in building efficiency between countries, results in the significant geographic variability in average teleworker savings and emissions impacts when working from home.

Figure 14 Grid intensity by country (kgCO$_2$e/kWh)
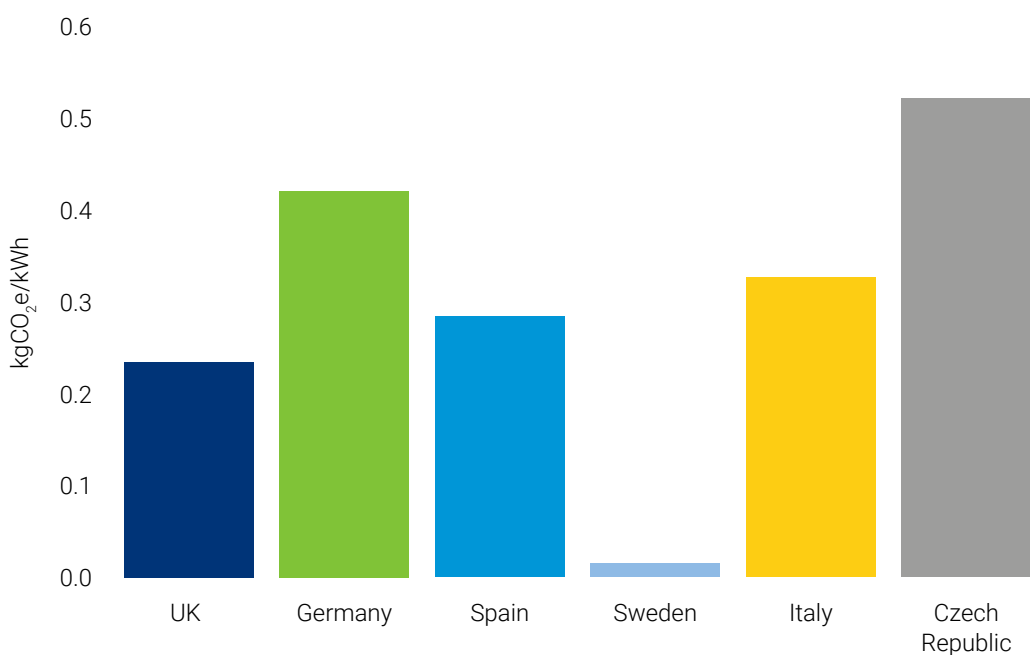
Potential future savings by country

To understand the potential carbon savings from increased teleworking, we analysed a future scenario, where everyone who can work from home does so at the number of days per week used in the Post-COVID (2022+) scenario (i.e. roughly between two and three days per week, depending on the country – see Figure 6).

The results in Figure 16 show that Germany has the greatest potential for carbon savings in this scenario at 12 MtCO$_2$e/year, reflecting the large working population and relatively large proportion of teleworkable jobs (39%) in Germany. The Czech Republic, on the other hand, is likely to result in the smallest potential carbon savings (0.15 MtCO$_2$e/year), having a much smaller total population and the lowest number of teleworkable jobs in the working population (32% of all workers).

Figure 15 Total number of teleworkable jobs by country
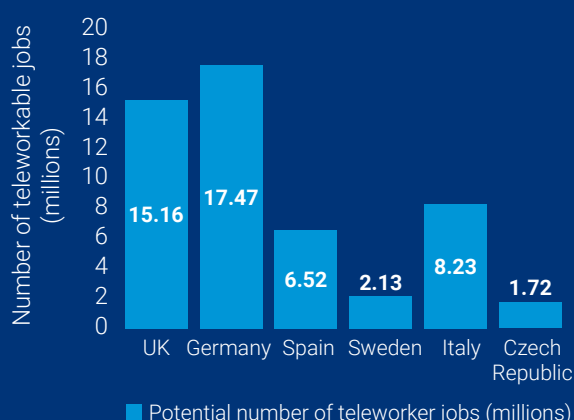
Figure 16 Total potential carbon saving (MtCO$_2$e/year)
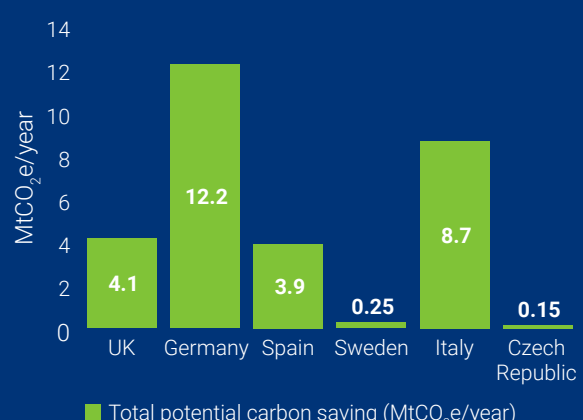
This analysis used the latest available data on working population and working patterns to estimate the number of teleworkable jobs by country (see Appendix 3 for sources and assumptions). This is likely to be an underestimate, as, in the future, the proportion of jobs that are teleworkable will probably increase. To estimate the total potential carbon savings the number of teleworkable jobs was multiplied by the average carbon saving per teleworker per year for the post-COVID 2022+ scenario

Potential Savings Contextualised

The potential savings for UK and Spain are each about 4 MtCO$_2$e/year, this is equivalent to approximately 28 million one-way passenger flights from London to Berlin[20]. Italy's potential savings are just over double that at 8.7 MtCO$_2$e, equivalent to 60 million London to Berlin flights, and Germany's potential savings at 12 MtCO$_2$e are equivalent to 83 million flights.

While at the individual level, the average German teleworker in the Post-COVID (2022+) scenario will save 700 kgCO$_2$e per year from working from home 2.7 days per week, which is equivalent to 5 one-way London to Berlin flights. For the other countries in the Post-COVID (2022+) scenario the equivalent number of flights ranges from just below 1 for Sweden to just over 7 for Italy.

4. Assessing the carbon impact of a teleworker beyond the average profile is complicated

4.1. Homeworking does not always result in individual teleworker savings

Our analysis has shown that on average across all six European countries teleworking can enable carbon savings when we look at an average year-long period for all scenarios (pre, during, post-COVID). However, analysing a national average may not reflect the variations in seasonality, individual behaviours or teleworking patterns that also impact emissions at a given period or context. For instance, in countries with colder climates we know that in winter there is a greater consumption of heating as opposed to summer which can result in increased emissions in winter vs. summer. To get a granular understanding of the carbon impact of future teleworking adoption it is important to consider influencing factors that may increase or decrease emissions. This could help inform plans to incentivise teleworkers to stay at home or come into the office at a given time or context when lowest carbon emissions impact can be achieved.

To illustrate this our analysis assessed the variability in daily teleworker savings when working from home compared to working in the office, across different case study scenarios. For each case study, specific parameters and assumptions were chosen to reflect the different circumstances and behaviours of teleworkers, across two countries, Spain and Germany, and how that can significantly impact their overall emissions footprint. The three parameters assessed are as follows:

- Seasonality (winter vs summer)

- Mode of transport (car vs train)

- Regional location (rural vs urban)

Our case studies show that teleworker carbon savings are more complex than simply the average annual potential savings, and that individual savings at a granular level are in fact sensitive to several factors.

4.1.1. Seasonality and mode of transport impact on an average teleworker's emissions

We found that, in winter, the average German teleworker who commutes by train can reduce their carbon impact by working in the office, whereas in summer they will reduce their impact by working at home whether they commute by train or car as indicated in Figure 17. This is driven by the high domestic energy consumption at home during the winter, when heating consumption, which is typically dominated by fuel oil and gas, is at its highest. Conversely, in summer the German teleworker who works from home will reduce their carbon impact, regardless of the mode of transport that they would have used. As a result, the teleworker that normally commutes by car can save 6.44kgCO_2e/day and the teleworker that normally commutes by train can save 3.72kgCO_2e/day, when working from home.

Figure 17 Germany average teleworker emissions winter vs. summer, car vs. train
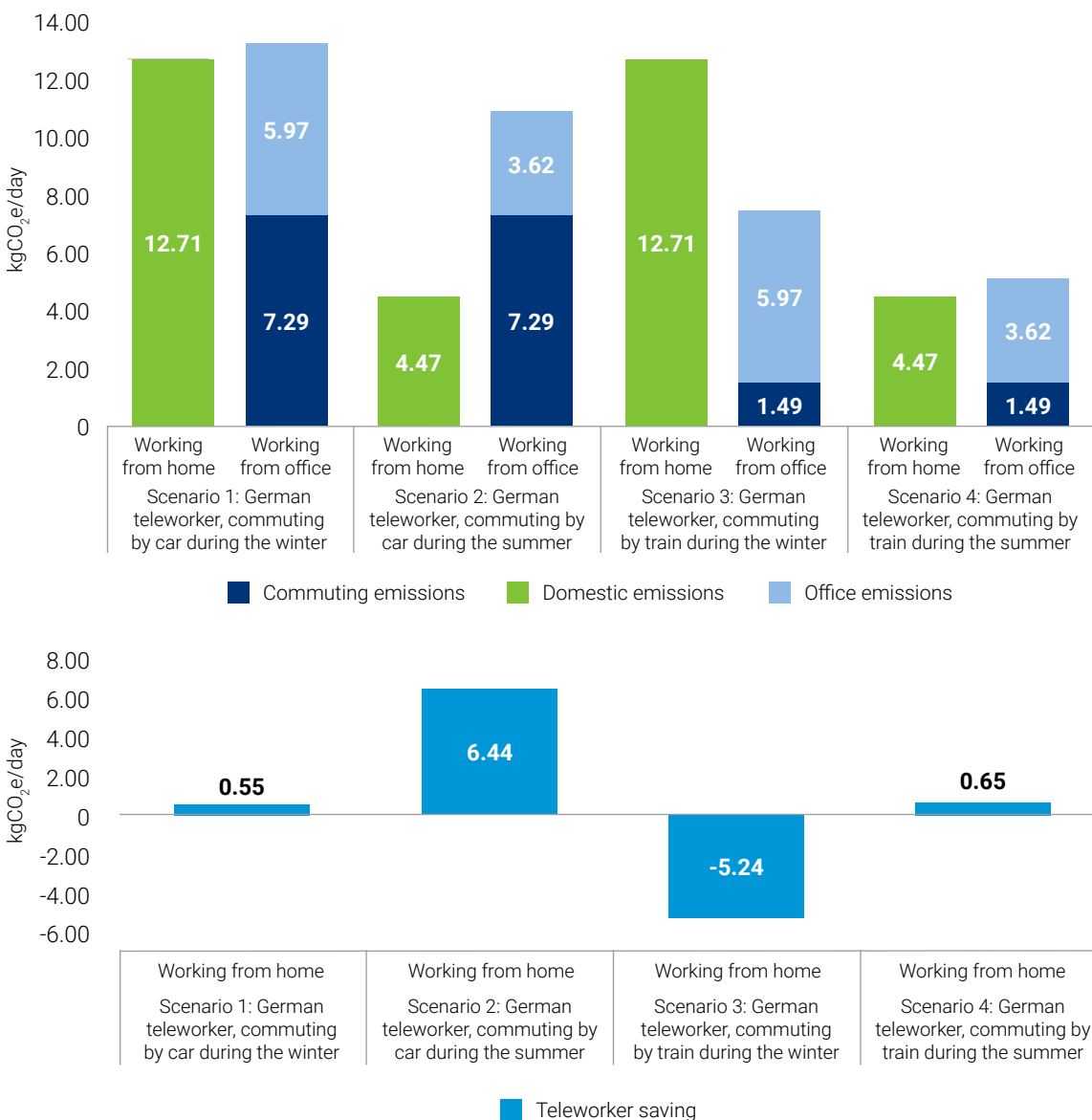
In Spain, however, the average teleworker that works from home can save up to 4.38kgCO$_2$e/day by working from home regardless of their commuting mode of transport, given domestic related emissions do not outweigh the avoided commuting and office emissions. Figure 18 also shows that in summer the Spanish teleworker can reduce their carbon emissions by going into the office regardless of their mode of transport as they can save up to 2.29 kgCO$_2$e/day by working in the office.

This is driven by the fact that in the summer months in Spain the average teleworker consumes a significant amount of energy for domestic cooling at home, which results in higher daily emissions compared to average office and commuting emissions. By commuting by train in the summer, which is a less carbon intensive mode of transport, teleworkers can actually save emissions on a daily basis by not working from home.

Figure 18 Spain average teleworker emissions winter vs. summer, car vs. train
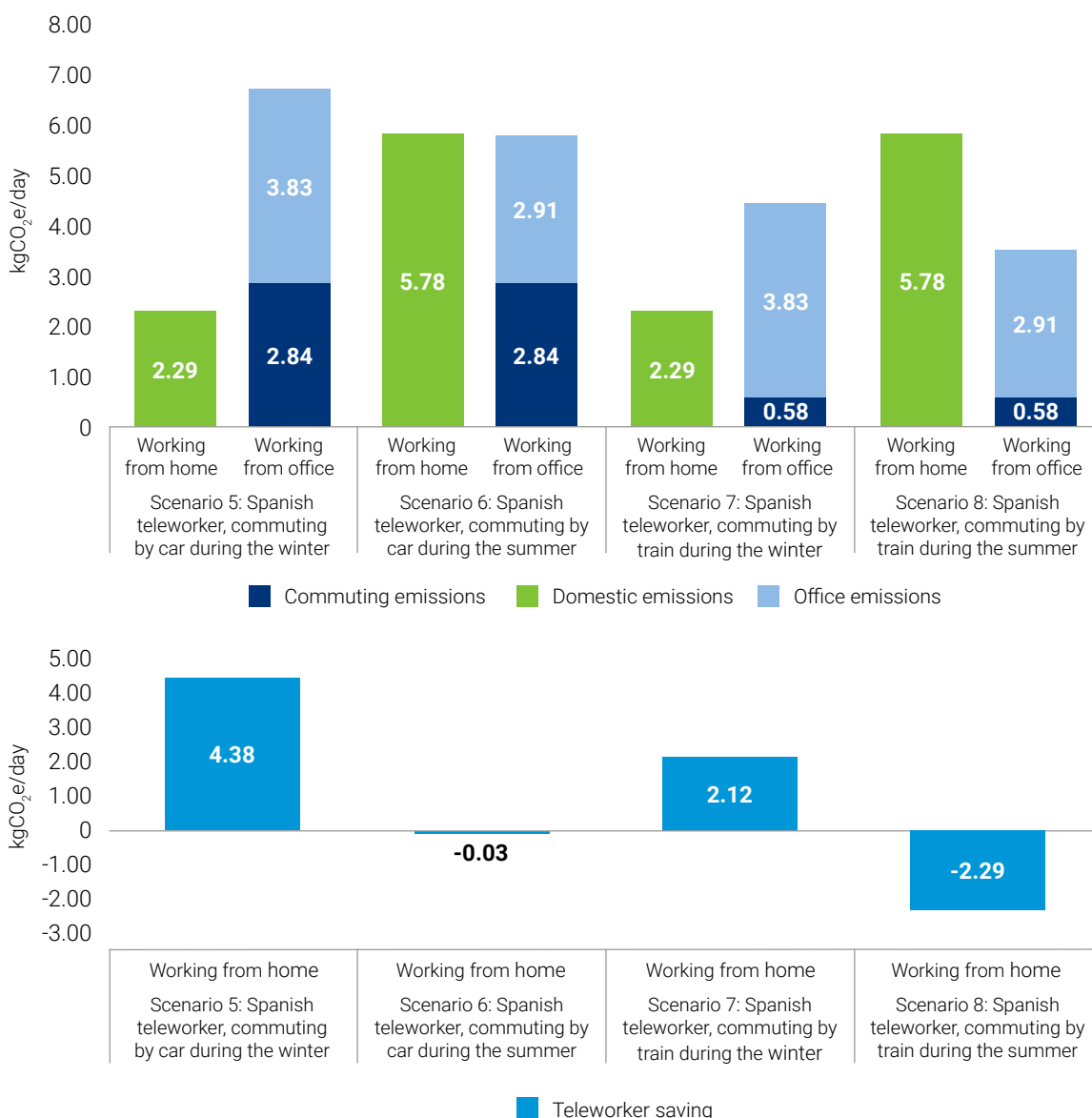
4.1.2. Seasonality and location (urban vs. rural) impact on an average teleworker's emissions

As explained above, many factors can influence the scale of emissions at a given time, whether people live in rural or urban environments which results in longer commuting distances will also have a major impact. For Spain and Germany we compared how results change if people live in urban areas typically commuting ~20km to work and if they live in rural areas with a longer commute distance of ~40km on average. In both contexts, we assumed that the average teleworker living in a rural area would commute to work by car when going into the office whilst the average urban teleworker would commute by train.

Figure 19 Germany average teleworker emissions winter vs. summer, rural vs. urban
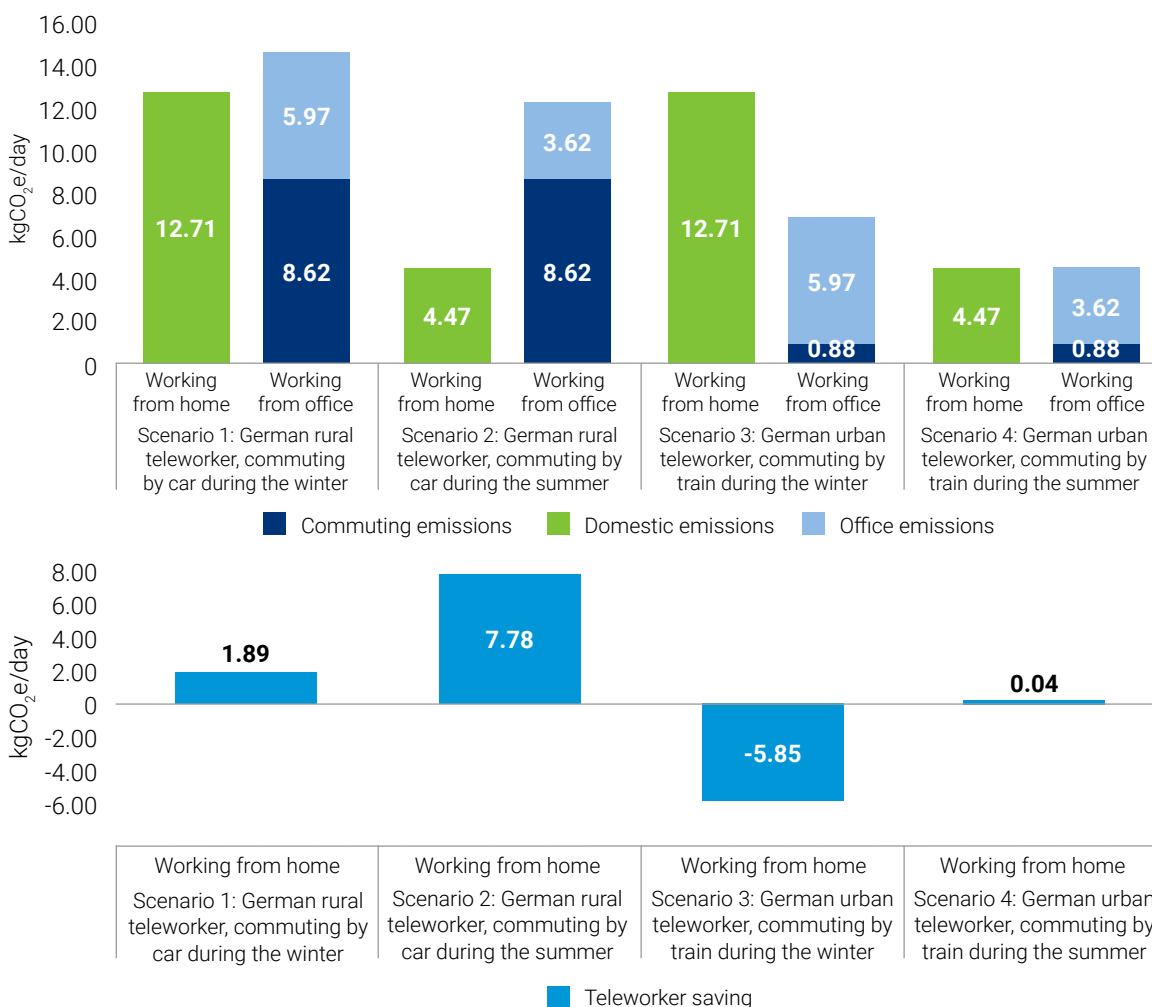
In Germany we found that a typical German teleworker commuting from a rural setting can enable an average daily carbon saving by working from home in both the winter (1.89 kgCO$_2$e/day) and in the summer (7.78 kgCO$_2$e/day). A typical urban-based German teleworker, who instead commutes by train over a generally shorter distance than rural workers, can also just enable savings when working from home during the summer (0.04 kgCO$_2$e/day).

However, during the winter, a typical urban German teleworker working from home results in negative daily carbon savings (-5.85 kgCO$_2$e/day). This is due to the fact that, as illustrated in Figure 19, the domestic emissions from working from home during winter outweigh the urban teleworker's train commute and office-related emissions.

Figure 20 Spain average teleworker emissions winter vs. summer, rural vs. urban
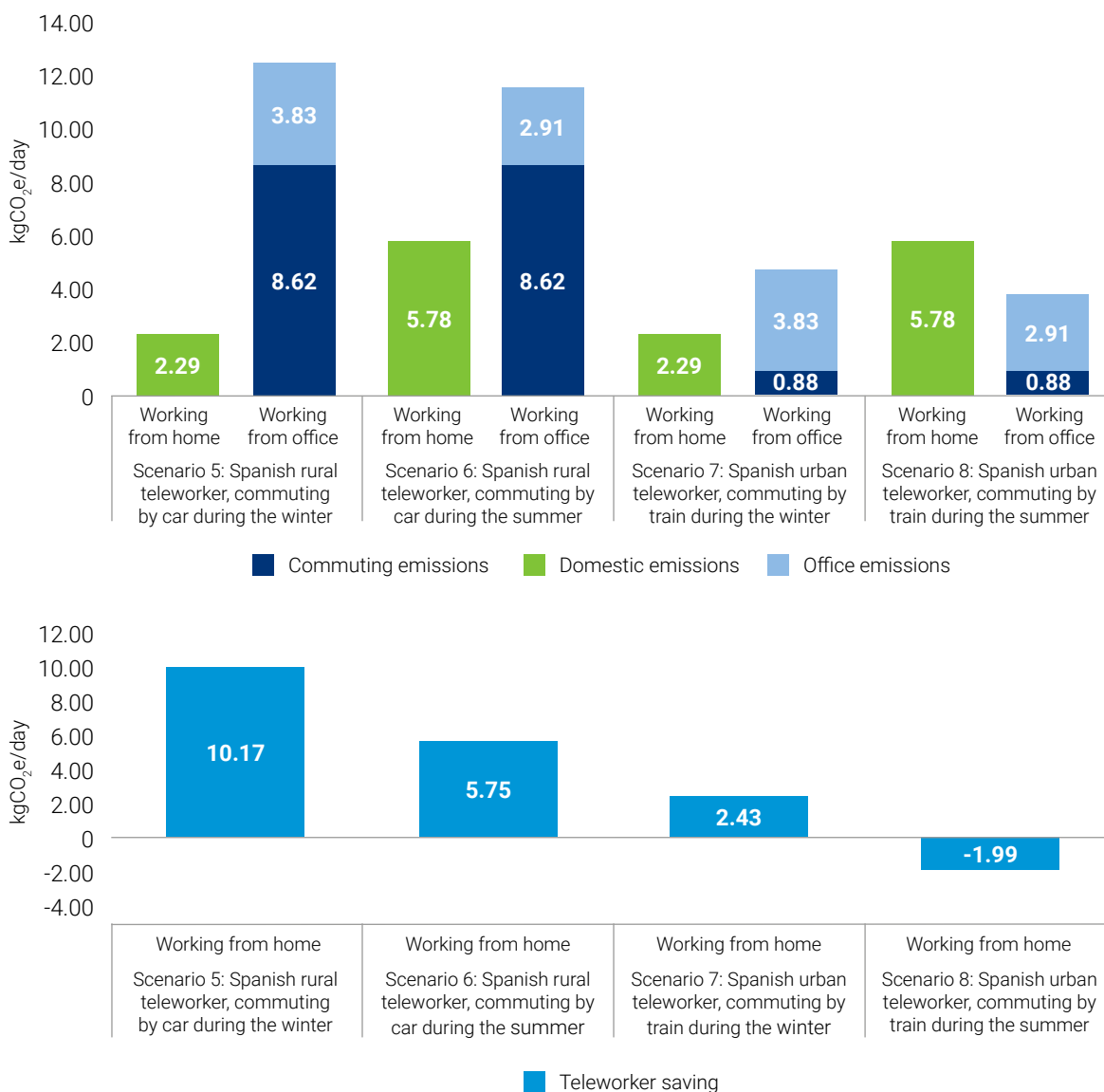
In comparison, a typical Spanish rural teleworker can also achieve daily carbon savings by working from home in both the summer (5.75 kgCO$_2$e/day) and winter (10.17 kgCO$_2$e/day) when they would typically commute longer distances by car. An urban Spanish teleworker who would typically commute shorter distances by train during the winter also enables daily carbon savings (2.43 kgCO$_2$e/day), however during the summer an urban Spanish teleworker has a lower carbon impact when going into the office, as the domestic energy consumption emissions from cooling and office equipment in the summer outweigh the emissions of commuting by train and office-related emissions, resulting in negative daily savings when working from home (-1.99 kgCO$_2$e/day).

4.2. An optimum carbon emissions analysis needs to look at each country's energy system

As COVID-19 restrictions lift and companies transition towards re-opening offices there is an expectation that a hybrid-working model will be in place, providing flexibility for teleworkers to decide whether to come into offices or work from home as they wish.[21] This flexibility is an opportunity for teleworkers to plan their work-life balance in a way that it would contribute to maintaining quality of life, productivity and social interactions.[22] However, from a carbon perspective, flexible working could mean less predictable patterns in terms of individual habits, workforce coming into the office or not, from varied locations at a given time during the year that could induce greater or less emissions if not anticipated.

These variations have a particular influence on the electricity demand that would result in less predictable patterns, which utilities need to grapple with. Factors such as location or people's movements (from urban to rural) may increase demand for more carbon-intensive sourced power instead of low-carbon sources of energy. Our results have shown that countries with higher grid intensity (i.e. Czech Republic and Germany) result, on average, in higher teleworking emissions whilst countries with low grid intensity like in Sweden have a smaller footprint. However, as demand changes, the generation to supply electricity also varies to respond to this demand; to better understand the carbon impact of teleworkers in different scenarios it is important to look at the marginal grid intensity and demand.

Lockdowns have shown that peak demand patterns completely shifted with a slower uptake of electricity demand in the morning and spikes happening when COVID-related announcements or other TV programmes are broadcasted[23]. Countries, like the UK, have also experienced their electricity system recording 'greenest days' as renewables were able to generate up to 60% of all electricity on a given day. It is important to get a more granular view of those nuances at a local level to analyse the carbon impact a teleworker has based on their location, the marginal grid intensity for a given period and seasonality. For instance, if a teleworker is in a home close to clean electricity generation during an abundant season, it might be worth incentivizing homeworking for that teleworker.

4.3. Understanding how often teleworkers will come into the office or work from home is crucial to avoid increased emissions

In a hybrid working world there is a risk that households are split between teleworkers working from home and the other half in the office. In a worst-case scenario this split could result in consuming more energy and emitting more emissions as both homes and offices are fully operating to enable teleworkers and office-workers to do their jobs. Further analysis must assess what this split could look like and how it could result in increased emissions.

For example, in winter, as domestic energy consumption raises to respond to the heating demand in colder climates such as in Germany or the UK, the carbon impact of teleworkers might end up being much higher particularly where the building stock is predominantly inefficient. This could exacerbate the negative impact from inefficient homes that consume a lot of energy and office buildings only partly utilised that would heat half empty offices. This would greatly vary on a country by country basis, particularly depending on the energy efficiency performance of homes and buildings stock as well as how companies rationalise their offices.

Office rationalisation reduces the total square meter floor space a company may occupy in a building, effectively resulting in more employees per meter squared of occupied floor space. This is achievable, as more employees and businesses adopt teleworking as part of their working pattern, and less office space is required less of the time. By rationalising office space, the energy efficiency of buildings per employee can become significantly more efficient. Taking these considerations into account would provide a more nuanced view of the carbon story of each teleworker but also give more insights on the need to address and retrofit inefficient buildings and homes. This is particularly the case for countries like the UK where two-thirds of the homes in the country have very low Energy Performance Certificate (EPC) rating varying between D and G compared to the European average of B-C.

Sensitivity analysis: Office rationalisation

This sensitivity analysis has been created to reflect a potential scenario where office rationalisation occurs, and subsequently desk utilisation rates (the proportion of desks in use by employees in an office on a given day) are increased, increasing the efficiency of an employee's building related consumption. This sensitivity analysis assumes that the desk utilisation rate of the average employee's office building is increased to 90%, across all countries. (See Appendix 3)

The scenario reflects the average post COVID (2022+) scenario frequency of teleworking, reflecting the longer-term pattern of teleworking. The results of this sensitivity scenario analysis are presented below, and reflect the following new assumptions:

- Average desk utilisation rate = 90%

- Average commuting and average domestic energy consumption as per standard analysis.

Figure 21 Post COVID (2022+) $kgCO_2e$/teleworker/year saving: 68% vs. 90% desk utilisation rate
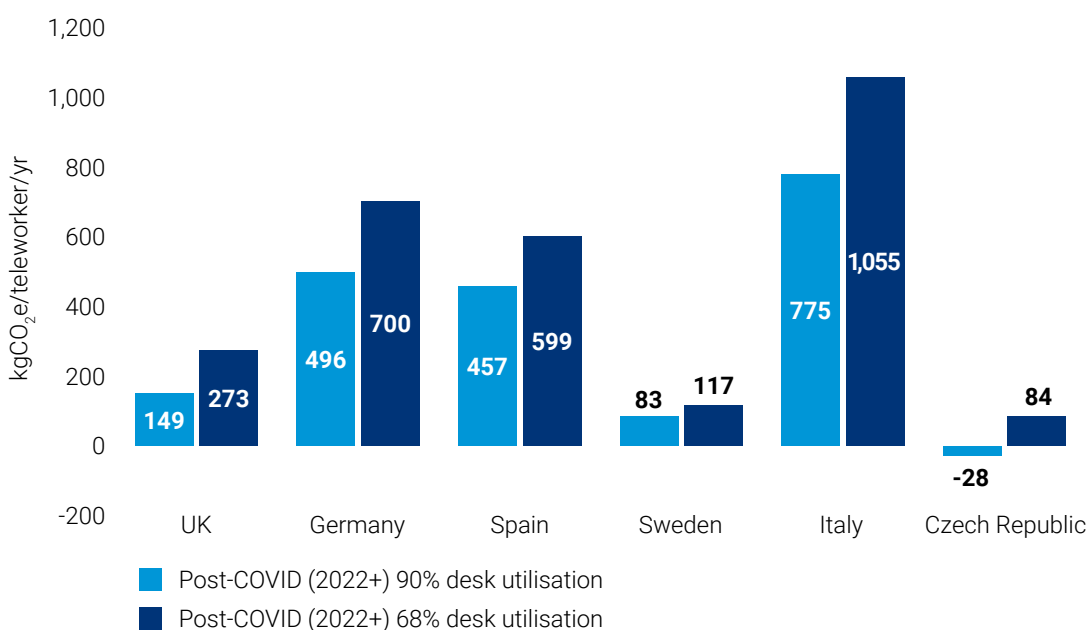
As figure 21 indicates, the impact of increasing desk utilisation to 90% in a future post-COVID scenario compared to the European peak average (68%) has the effect of lowering the avoided office-related emissions, and thus lowering the total average annual savings per teleworker. The increase in desk utilisation rate has the effect of making offices much more energy efficient per worker, and thus has a lesser impact when teleworkers work in the office. Potential future carbon savings have decreased across all countries, and by as much as >100% in the Czech Republic. The impact on Czech Republic average annual savings has been such that, on average, it results in a higher carbon impact to work from home at post-COVID frequencies than it does to work from the office, due to the fact that Czech domestic energy consumption-related emissions are so much higher, i.e. less efficient homes.

What this desk utilisation rate sensitivity scenario analysis illustrates is that potential future office rationalisation, resulting from COVID-related future impacts on the way companies operate, can have a critical impact on future carbon savings of the average teleworker. Office rationalisation will result in more efficient buildings, but will also inevitably lead to lesser average annual carbon savings of teleworkers, and in some cases, if teleworking frequencies are high enough and domestic related emissions are inefficient enough, may result in negative carbon impacts from teleworking.

It must however be considered, that while buildings and office related consumption will become more energy efficient and rationalisation occurs over time, domestic related consumption will also likely become more efficient as the fuel mix and grid intensity factors change and decarbonise. Thus, it is unlikely that teleworking would lead to net negative carbon savings, as long as teleworkers home emissions do not remain stagnant in the future.

Further research & analysis – number of teleworkers per household increasing

The average individual carbon saving is highly sensitive to key factors varied: *desk utilisation rate, commute distance, people per household*. There is scope for further sensitivity analyses to evaluate the potential impact of these factors on carbon savings per teleworker, by altering the assumption of each to reflect a future scenario.

For example, the model could be adapted to reflect a potential scenario where the number of teleworkers per household increases, as teleworking becomes more widely adopted in the long-term. This would, subsequently, result in domestic energy being allocated across more people per household, increasing the domestic energy efficiency of each teleworker's related consumption.

- One person per household - 100% domestic energy allocated to one person

- Two people per household - 50% domestic energy allocated to one person

Teleworker emissions savings from Vodafone offices

An analysis was performed to estimate the emissions savings by Vodafone employees working from home during COVID. This analysis used data provided by Vodafone for a major office in each of the five countries. The data included: the average energy intensity (in kWh/m^2) pre-COVID for each office; the total number of employees normally working from each office; and the percentage of employees from each office that worked from home during COVID. The estimation followed the same methodology as for the rest of the study, namely using national data on commuting patterns, home energy usage, and frequency of days worked from home. The total emissions saved over a year by Vodafone employees from each office working from home were calculated, considering the avoided commuting emissions, the avoided office-related emissions and the additional domestic energy-related emissions. The results are presented in the table below, which shows the total emissions savings (in tCO$_2$e) for all the teleworkers in each office during COVID, together with the total number of employees usually based at each office.

Carbon savings during COVID from Vodafone employees teleworking:
Total savings by Vodafone offices in tonnes CO$_2$e per office

	tCO$_2$e/year				
Office	Vodafone Newbury	Vodafone Dusseldorf	Vodafone Madrid	Vodafone Milan	Vodafone Prague
Office-related emissions avoided by teleworkers	-2,622	-3,449	-855	-1,243	-856
Commuting emissions avoided by teleworkers	-1,387	-3,592	-621	-391	-309
Additional domestic energy-related emissions by teleworkers working at home	2,685	4,366	571	621	911
Total emissions saving during COVID	-1,325	-2,674	-904	-1,012	-253
Number of employees per office	5,025	4,650	2,486	1,877	1,381

Notes: The Vodafone Madrid data reflects the number of employees in the Madrid office, but uses average energy data from all the Vodafone Spain offices.

4.4. Conclusion of quantitative analysis

Our quantitative analysis shows that on average at an individual level a teleworker saves carbon across all pre-, during-, and post- COVID-19 scenarios, with particularly greater savings during COVID-19 as restrictions imposed a higher number of days working from home across all countries analysed.

From an individual perspective, the biggest contributor to saving carbon is office building emissions. This is particularly higher in countries where grid intensity is higher and office buildings are particularly inefficient. For instance, in Italy the office carbon savings potential is higher than in Sweden, as Italy's building stock is significantly more inefficient than in Sweden.

However, when looking at more granular patterns such as changes in seasonality, mode of transport and individual behaviours, carbon savings per teleworker working from home change based on the country and can be much lower in winter vs. summer in colder climates.

Further understanding of marginal grid demand and building utilisation can help provide a more granular view on how teleworkers emissions might increase or decrease depending on changes in demand. To add a more nuanced and comprehensive view on the longer-term impact of teleworking the following recommendations section summarises qualitatively broader considerations for cities, infrastructure suppliers and businesses.

5. Recommendations

How the geography of work evolves will depend on multiple factors. City governments could tilt the balance with tax incentives for businesses and workers, and future investments in urban infrastructure and spaces could enhance the attractiveness of different locations. After the pandemic, individuals may reweigh their choices towards cost of living and location versus easy access to major travel, cultural, innovation, and recreational hubs. In fact, major cities across Europe and the U.S. have already experienced a population exodus towards satellite cities or rural areas which has impacted the housing market.[24,25,26] Telecommunications and other infrastructure services such as buildings for co-working space or 'hubs' and transport have an important role to attract people but also respond adequately to a changing living and working pattern centred around hybrid teleworking models.

It is important for decision-makers at national, local and company level to address these changes while minimising carbon emissions, particularly to ensure that these are aligned with net-zero emissions targets. Our recommendations are written to help governments (at local, regional and national level) and businesses (employers and infrastructure providers) adopt incentives to enable a sustainable teleworking environment.

5.1. Digital infrastructure and broadband internet access are prerequisites for homeworking

Teleworking depends on strong and reliable broadband to enable people to do their jobs, feel connected and sustain economic activities in a virtual future. Yet, the infrastructure is lacking everywhere including in more advanced economies and particularly in rural areas where teleworkers from cities might be migrating to. Globally, about 72% of households in urban areas have access to the Internet at home, almost twice as much as in rural areas 38%[27]. In Europe internet access is much higher, however there are significant differences between member states and also between rural and urban areas. The Netherlands, Iceland, and Norway have the highest proportion of households with internet access at 98%. While the lowest rate of internet access among the EU-27 Member States was in Bulgaria at 75%, and across all households in the EU-27 the figure was 90%. The figures for all of EU-27 between urban and rural were: 92% in cities; 89% in towns and suburbs; and 86% in rural areas[28]. Digital infrastructure in general and broadband internet access in particular are key prerequisites for working from home. Rural areas are often disadvantaged regarding broadband internet access and this needs to be addressed to avoid greater economic and social isolation for communities that could suffer from greater marginalisation.

European countries need to address the broadband internet access gap and accelerate the rollout of the technology given the switch to an economy highly dependent on digital and internet services. At a regional and national level countries can incentivise and enable innovation to ramp-up digital and broadband internet access as well as implement investment friendly framework conditions that can facilitate this development. This could include greater public subsidy programmes to target and support the most isolated areas in terms of broadband internet access, namely in rural environments. For example, using COVID-19 Recovery and Resilience Facility support mechanisms to roll-out these interventions. The €750 billion EU Recovery and Resilience Funds will enable European governments to address the rural digital divide and address rural infrastructure investment barriers, with at least 20% of the funding specifically allocated to digital.

As required under the Recovery and Resilience Facility, investment must be paired with reforms that can maximise the benefits of that investment and remove barriers to rollout of networks to deliver reliable, secure and high-quality connectivity to European citizens. As set out In European Commission guidance these reforms include ensuring pro-investment mobile spectrum licensing procedures, in particular by extending spectrum licenses by at least 20 years, reducing costs and barriers to network deployment, facilitating access to physical infrastructure and providing clear guidance for voluntary infrastructure sharing agreements which can drive efficiencies and energy savings.

At a local level, municipalities have a key role to play to enable an accelerated implementation given their control over commissioning and approving local infrastructure project work. For instance, they can leverage their existing processes and networks to support underground work needed to install broadband infrastructure.

Access to the internet is crucial for future teleworkers and even more so for those who can no longer rely on in-person jobs and need to get upskilled to be employable in a teleworking reality.[29] Studies have shown that more educated, higher-earning employees are far more likely to work from home as they are able to continue to get paid, develop their skills and advance their careers; at the same time those unable to work from home because of the nature of their jobs or because they lack suitable space and internet connections are being left behind.[30]

Governments and businesses need to address these economic and educational inequalities that exist between different regions (urban vs. rural), by offering greater access to internet, economic and upskilling opportunities in areas outside of major cities.

Digital connectivity can promote rural communities by improving government services such as health and education, but also allow business to develop in rural communities and improve the quality of life of those using digital connectivity from private domestic use cases such as entertainment. Furthermore, SMEs account for 75% of employment in rural areas. In their national COVID-19 recovery plans, Governments could support SMEs by offering grants or vouchers for digital investment, so that SMEs have the capacity to find solutions based on their own needs. And they could include additional support measures such as online resources, training and incentives to encourage take-up of digital products and services. People and businesses would then be more empowered with the right digital skills and solutions to thrive. Digital connectivity intervention can support government agendas to reduce geographic inequalities and bring wider societal benefits from more balanced geographic economic growth by closing the digital divide as economies can make more efficient use of the capital stock such as land and infrastructure.

5.2. Spatial analysis and urban planning

5.2.1. Spatial options of future developments to include carbon analysis

Embedding carbon analysis in future local development plans is crucial to get a granular view on different development scenarios impact. This can particularly help to better understand how densely urbanised or rural areas will be and how that might change infrastructure services and teleworkers patterns, and their impact on climate.

In the UK, local councils such as Greater Cambridge are already exploring spatial analysis for the development of new homes and the associated emissions to different development scenarios. These are used to inform decisions as to how to minimise the climate impact of the required new growth in homes and promote policies that can address the carbon emissions associated to the new growth.

The analysis looks at sources of emissions due to new development coming from building construction materials and processes, building heating and electricity usage and occupant and visitor transport. It explores several spatial categories that reflect different potential growths depending on size, density, required additional infrastructure and transport patterns that happens within a local area. For example, Greater Cambridge found that in the eight scenarios they tested, annual CO_2 emissions from the local area would uplift by between 0.4% and 12% depending on the spatial option[31]. They found that the densification option has the lowest emissions whilst the villages option has the highest carbon emissions.[32] Looking forward, future local plans might need to model how teleworking patterns and commuting impact growth in emissions at a local level.

This would include anticipating greater demand for regional hubs or co-working spaces, that companies are planning to use as a replacement of centralised offices, and how that might impact mobility and settlement growth. As a response to this, there is an opportunity for both municipalities and office real estate to invest in regional co-working and shared office hub projects.

5.2.2. New urban planning approaches for healthier cities

In addition to better understand the carbon impact of future developments, urban areas are now in a position to consider how people engage with their cities when the majority spend most of their time at home. The pandemic has given new opportunities to re-think how urban environments should provide a greater quality of life with access to essential needs, recreational needs, work and infrastructure that can facilitate a hybrid working lifestyle.

Carlos Moreno's concept of a 15-minute city promotes a framework for urban planners to plan their cities upon four core characteristics: Proximity, Diversity, Density, Ubiquity. This concept represents a major departure from the past, responding to climate change and COVID-19 at the same time. The idea is for cities to ensure that in a 15-minute walk or cycle a person can access everything they need to live. Land uses must be mixed to provide a wide variety of urban amenities nearby and there must be enough people to support a diversity of businesses in a compact land area that is affordable.

Paris has taken forward this concept with an all-encompassing approach to bring a greener take on the 15-minute city as well as including workplaces, cultural activities and social connections.

This has involved banning high-polluting vehicles, restricting the quays of the river to pedestrians and cyclists, creating mini green spaces in the city. With Paris leading the way, other cities around the world have been enticed by this mode for resilient and vibrant communities. Madrid, Milan, Ottawa and Seattle are among those to have declared plans to copy its approach but also Melbourne has adopted a long-term strategic plan for 20-minute neighbourhoods.

5.2.3. Retail, food and services business and city planning

COVID-19 has caused us to leapfrog to make rapid delivery a permanent behaviour change. This has disrupted the way planners and businesses can anticipate road traffic and accommodate their shops to delivery pickups. Many retailers that depended on commuters or workers as clientele have struggled to survive without their regular customers and have had to review their business models, adapting them to client proximity. For resilient businesses this has resulted in having to adjust to changing consumer expectations,

forced to increase retail business models with more distribution centres, altering operations to ship from stores, dealing with higher product returns, and expanding logistics in addition to upgrading infrastructure and technology to fulfil online orders.

Local and national government need to support smaller businesses transition towards more digital services. This could be through financial mechanisms in post-COVID-19 recovery packages. As cities have their unique geographies, economies and challenges, decisions in terms of type of support and financial mechanism need to be devolved at a local level.

Working from home has increased the trend of online shopping from food to books and sports appliances, which is likely to remain as people will keep working from home. Municipalities will increasingly face more traffic due to delivery demand. Therefore, they have a role to play in imposing regulation and enabling public incentives for e-mobility to replace polluting and highly emitting delivery vans. This could include trialling pilots for e-bike or e-lorry delivery.

5.3. Smarter systems to optimise our infrastructure

5.3.1. Efficient buildings with smart technologies and decarbonised heat

On the basis that countries will follow grid and heating decarbonisation pathways the footprint of buildings and homes will decrease. However, decarbonising heat needs to go in hand with efficient homes to avoid any heat loss or leaking through retrofitting efforts. As people spend more time working from home and the demand for heating increases, power utilities will have to provide electricity for a growing demand to power our homes, transport and heat. Increasing homes and buildings efficiency needs to be a priority to alleviate additional strain on countries' energy systems and also reduce the carbon impact of existing housing stock that is poorly insulated and relies on fossil fuel sources of energy.

It is estimated that renovating existing buildings in Europe could reduce the energy that buildings use by more than 50 percent[33]. This should involve retrofitting homes with better insulation to avoid heat loss, condensation or damp, providing access to healthier and less energy consuming homes. Local and national governments should further support financing schemes to implement housing retrofit measures.

EU member states can allocate funds and packages available by the EU Green Deal for renovation of buildings as well as offering repayment or loan schemes for energy renovation for both private and public investors. For instance, Germany has put in place subsidies for municipalities, companies and households to incentivise building and homes renovation to improve energy performance of these assets[34].

Leveraging smarter systems to heat our homes and offices can reduce buildings emissions impact. As companies think about rationalising their offices they can incentivise smarter ways of powering and heating their offices. For instance, shutting off sections of the office whilst heating and lighting only parts where workers are doing their jobs. However, the rationalisation of offices in a flexible hybrid working world could be challenging and require new approaches to building management and operations able to respond to changing patterns in terms of how many people go to the offices and at what time of the day. For instance, using smart buildings, occupation sensors and zoning of office buildings would help optimise office rationalisation with minimised energy use adapted to daily demand for using office facilities.

In homes there is also an opportunity to think about how to better heat homes and use existing smart technologies to control room temperatures. For example, incentivising teleworkers to only heat rooms where they spend most of their time working as opposed to their entire accommodation. Approaches need to be tailored to the type of technology in use. In a future scenario where heat pumps are used as the primary source of heating in domestic settings, maintaining a more consistent temperature throughout the building is generally recommended to optimise heat pump efficiency. However, if only one person is at home using one room it could reduce energy consumption by having the heat pump maintaining a base load of heating throughout the building with a supplementary technology providing top up heating in the occupied room (such as an infra-red radiant panel, direct electric heater, small air to air reversible heat pump or Mechanical Ventilation with Heat Recovery unit) to heat the individual's working space and reduce the energy consumption of a whole-house being heated.

5.3.2. Power grid adapted to people's movement, demand and behaviours

Utilities should anticipate how people migrating from urban environments to rural areas could impact the grid. Transporting electricity across a country can result in significant losses for the utility and therefore it should think about where to base generation points to ensure efficiencies. If people move to areas close to generation points, then there will be less reliance on electricity imports from generation points located far away which reduces the risk of electricity losses. There are also more opportunities for decentralised systems, with people spending more time at home there is a greater business case for installing solar panels and storage which in hand will help utilities manage their grids with greater flexibility. ICT technology and innovation will play a key role to help manage this flexibility with greater efficiency.

For instance, sensing and monitoring technologies for power flows, transmitting data across the grid but also the use of smart meters with in-home display to inform energy usage. Coordination, control and automation systems are needed to aggregate and process various data and create a highly interactive and responsive electricity grid that can maintain a demand-supply balance on a second-by-second basis.

During the pandemic, as people have been spending more time at home, domestic energy use has increased and their energy bills as well[35]. There is an opportunity to leverage that engagement to incentivise teleworkers to switch to greener electricity providers, invest in renewables at home or switch to time of use tariffs. However, there may also be unforeseen challenges to engaging consumers with Demand Side Response (DSR) due to change in habits. DSR incentivises end users to turn on their appliances at times when the demand for electricity is the lowest to reduce the strain on the grid and promote the use of appliances when renewables are producing electricity. When people worked from the office, smart appliances at home were able to turn on at moments of the day when electricity was the cheapest or/and green. With people working from home DSR might be perceived as inconvenient. For instance, as people are in their houses taking conference calls in their kitchen, they might be less likely to let their washing machine automatically turn on and off. There could be a tension between people willing to engage with their energy consumption and wanting to have a greener consumption with the perceived inconvenience of accommodating DSR incentives whilst being at home.

5.3.3. Low-carbon transport able to respond to changing commuting and mobility patterns

Teleworkers are able to save significant amounts of carbon by avoiding their daily commute into the office, particularly when they commute by car. However, different geographical contexts where differences in patterns and modes of commuting exist have important implications for the potential energy savings of teleworking.

Since the beginning of the pandemic we've seen more teleworkers moving away from major cities to live in secondary cities or rural areas. With flexible hybrid working, teleworkers are likely to be incentivised to commute at times and days that suit them best. This may shift peak hour patterns that were commonly seen in the mornings and evenings to a flatter demand throughout the day that public transport services need to provide for in a decarbonised manner.

Whilst teleworkers are commuting less, in some instances particularly in more isolated or rural environments teleworkers are more likely to conduct several trips by car during the day. People commuting to work used to conduct several activities in one trip such as running errands or dropping children at school. These shifts in behaviours will also provide a different view on teleworker's emissions[36].

As people are moving away from large and dense cities towards rural and 'satellite cities' further research is required to understand how day trips and modes of transport to run several activities during a workday compare to when they were conducted in one work trip, and what it means in terms of carbon emissions. Local, regional and national governments should continue to analyse mobility patterns not only during pandemic-related lockdowns but also after to better understand how mobility infrastructure (public and private transport) demand is evolving and can best be addressed. This would help better plan cities and follow approaches similar to the 15-minute concept that would include reliable and low-carbon connectivity for those who are further away.

Furthermore, employers have a role to play to incentivise low-carbon movements. Particularly for those that have moved or are planning to move away from main offices and city centres but also for those that have to travel for their work (i.e. as they need to do several visits and movements to deliver their jobs). This could translate into implementing e-mobility or hybrid company car policies at a corporate level. For example, Vodafone Germany has included green fleet as an area of focus in their sustainability goals. Since the beginning of 2020, Vodafone Germany's management switched to hybrid or electric vehicles as a first step to meet their 100% electric fleet target by 2040[37]. Following this target the company has successfully expanded charging infrastructure with more than 40 charging points at the Vodafone Campus in Dusseldorf alone. In addition to this, more than 1,500 employees use Vodafone's bicycle leasing service and have, in total, covered more than 10 million km on their bikes.

5.4. Conclusion of our recommendations

Teleworking offers a great opportunity for potential carbon savings but also adds challenges to our cities, local economies and infrastructure suppliers in different contexts. As governments, cities and businesses are setting their net-zero targets, teleworking incentives could be designed to accelerate decarbonisation in transport, homes and power without leaving anyone behind. The pre-requisite to this is for governments to address the digital and broadband internet infrastructure gap to sustain a teleworking economy and ensure that it does not leave out working groups with less teleworking skills or located in rural areas with less internet access[38].

Our report shows that decision-makers need to look beyond the individual average teleworking carbon saving opportunity to include more complex considerations. For instance, businesses and local authorities have opportunities to incentivise e-mobility particularly when it comes to delivery services in a world with increased demand for online shopping. National and local governments can drive home retrofitting incentives to the top of their agenda to address poorly insulated and inefficient housing stock, particularly where teleworkers spend the majority of their time at home.

Power utilities can re-consider power generation plans based on changes in people's living location. With more people at home there is a greater opportunity for people to install solar panels or low-carbon heating technologies.

Smart technologies can monitor temperature and other building features to better optimise space use based on actual usage in offices or at home and are critical to enable teleworking with low carbon impact. Governments can use their national Recovery and Resilience Facility plans as well as Green Deal mechanisms in order to support measures such as home improvements, technology innovation or transport decarbonisation that are critical for a low-carbon impact teleworking future.

The prospects for a new world of work, that not only keeps employees happy, fosters cohesion between rural areas and cities, and helps to manage climate change, have rarely been more promising. Governments and businesses in Europe now have the opportunity to shape the future by making long-lasting decisions to create a low carbon environment that supports flexible working and benefits society as a whole.

Appendices

Appendix 1: Methodology approach: overview of calculations

Average annual carbon saving per teleworker

The average annual teleworker carbon saving was calculated using these three emissions components, accounting for the avoided commuting and office-related emissions, offset by the rebound domestic-related emissions resulting from teleworking. This core calculation can be summarised as follows;

$$\textit{Average annual carbon saving per teleworker} = \begin{array}{l} \textit{(Average annual avoided commuting emissions per teleworker} + \\ \textit{Average annual avoided office emissions per teleworker)} - \\ \textit{Average annual domestic emissions per teleworker} \end{array}$$

In order to calculate the average annual emissions impact from commuting, office and domestic-related energy consumption, an average daily impact was multiplied by the average number of days per year that a teleworker works from home. The average number of days per year worked from home was calculated from an average teleworking frequency per week, by country, multiplied by the number of working weeks, by country.

$$\textit{Average number of days per year worked from home}_{\textit{by scenario, by country}} = \textit{Average number of days per week worked from home per teleworker}_{\textit{by scenario, by country}} \times \textit{Number of work weeks}_{\textit{by country}}$$

Commuting

The average annual avoided commuting carbon emissions per teleworker were calculated for each country under each scenario. These average annual savings represent the average carbon emissions per teleworker that would have been emitted over a year-long period if the average teleworker had commuted to work, rather than worked from home. To calculate this, the average daily commuting patterns of teleworkers by country was ascertained. This is illustrated by Figure 22 below. Average commuting data on daily distance (km) commuted by different modes of transport, including car, train, bus, subway and walking etc, was collected from various sources, including national statistics datasets, media articles and academic literature (see Table 4 and Table 6).

Figure 22 Average daily commuting distance (km) per worker by country
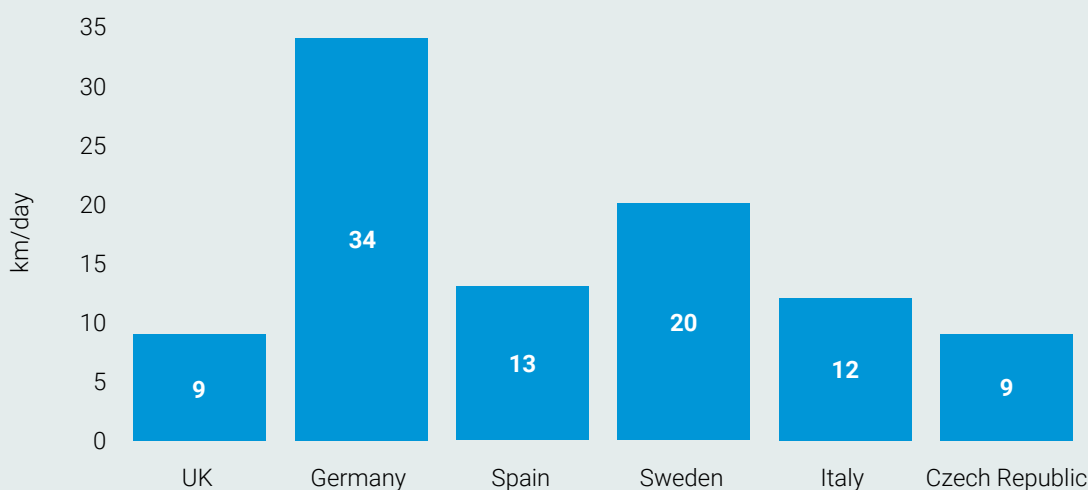
The scope of this calculation captures the commuting distance and associated emissions per teleworker, when working from home. However, it does not account for any other travel outside of commuting, that in reality would occur and thus could lead to an underestimation of travel distances. For example, some teleworkers may use their car for others activities during the working day when working from home such as shopping, errands, driving children to/from school, errands etc.

The calculation of the average avoided commuting emissions per teleworker per year was calculated for each of the four COVID scenarios, for each country. This used the latest 2020 transport emission factors from BEIS, per mode of transport, (see Table 5). Additionally, data and assumptions were used to allocate car commuting distance by different fuel types (petrol, diesel, electric and other) of car, to account for the difference in car fuel consumption between countries.

The calculation is summarised as follows:

$$\textit{Average distance commuted (km) per worker per day}_{\textit{by mode of transport}}$$
$$\times \textit{kgCO}_2\textit{e.km emission factor}_{\textit{by mode of transport}}$$
$$\times \textit{Number of days per year worked from home per teleworker}_{\textit{by COVID scenario}}$$

Commuting assumptions

Table 4 Commuting data sources by country

	UK	Gernamy	Spain	Sweden	Italy	Czech Rep.
Average commute distance (km)	gov.uk	thelocal.de	idae.es	trafa.se	nationmaster.com	nationmaster.com
Split by mode of transport	gov.uk	destatis.de	idae.es gov.uk[39]	trafa.se	censimentopopolazione.istat.it	researchgate.net
Split of car commuting by fuel type	NTS 2018	EuroStat				

Table 5 Emissions factors by mode of transport

	Mode of transport										
	Car (petrol)	Car (diesel)	Car (electric)	Car (other)	Walk	Bicycle	Bus	Rail	Subway	Tram	Other
Emission factor (kgCO$_2$e/km)	0.22	0.21	0.07	0.22	–	–	0.15	0.04	0.03	0.03	0.22
Source	BEIS DEFRA (2020)										

Table 6 Average daily commuting distance, by mode of transport

Country	Walk	Bicycle	Car (petrol)	Car (diesel)	Car (electric)	Car (other)	Motorcycle	Bus	Rail	Subway	Other	Total
UK	0.11	0.12	3.47	1.93	0.06	0.56	0.06	0.44	1.66	0.46	0.13	8.98
Germany	2.77	3.04	15.08	7.36	0.04	0.40	0.27	1.45	1.59	1.62	0.14	33.77
Spain	2.21	0.30	3.37	4.34	0.01	0.01	0.35	1.32	0.34	0.66	0.24	13.16
Sweden	0.30	0.60	5.76	3.40	0.03	0.44	-	2.57	3.74	0.48	3.01	20.33
Italy	1.87	0.40	3.39	3.21	0.00	0.62	0.42	1.37	0.56	-	0.04	11.88
Czech Republic	-	0.13	2.42	1.52	0.00	0.01	0.01	1.84	0.68	0.86	1.54	9.00

Figure 23 Average commuting distance by workers, by mode of transport
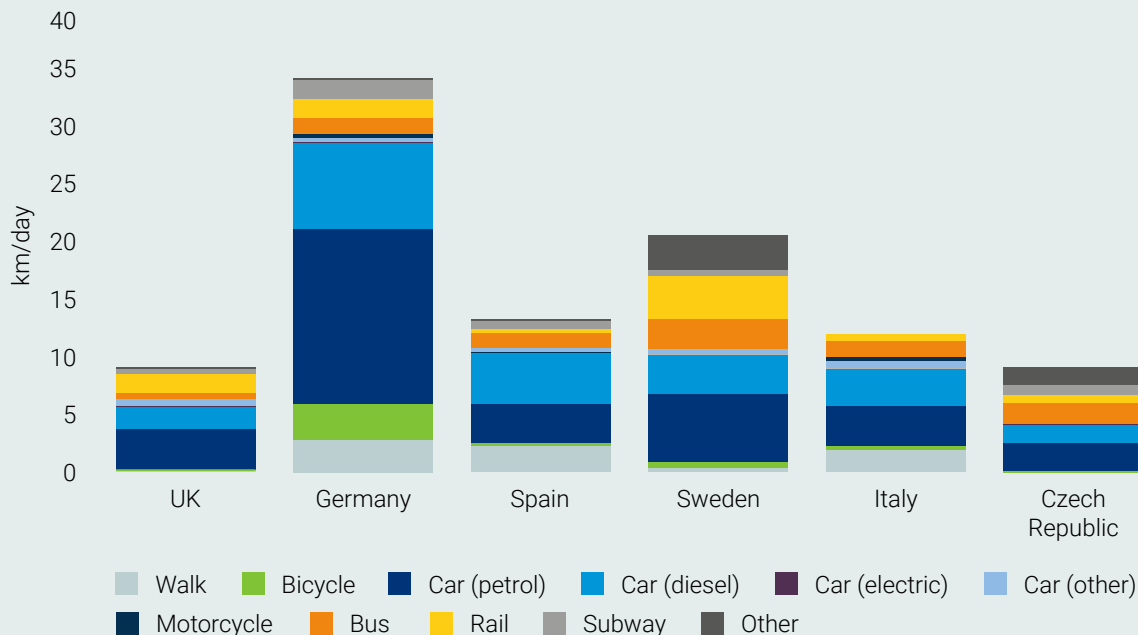
Domestic energy

When an individual teleworker works from home, they will consume additional energy during the working day when they would otherwise have been in the office, on top of their regular domestic energy consumption that would occur before and after working hours. This additional domestic energy consumption is a well-documented rebound effect resulting from teleworking.[40,41]

The additional domestic energy consumption accounted for in this analysis encompasses three core aspects:

1. Energy use from home-office equipment such as laptops, lighting and screens,

2. Heating energy consumption,

3. Cooling energy consumption

For this analysis, and the sake of simplicity, it was assumed that on any given day a teleworker was working from home, they were working from home alone, i.e. they did not share energy consumption with others. In reality, particularly during the height of COVID restrictions, teleworkers are in fact likely to share domestic energy consumption on occasion, where either another teleworking member of the household is also working from home, or non-working members or school-aged children are present in the home during the day. This point is an issue of allocation of domestic energy consumption, and for the purpose of keeping this analysis simple, we have assumed that 100% of additional domestic energy consumption is allocated to the single individual teleworker working from home.

Home office energy

The additional daily energy consumption resulting from the use of home office equipment by an average teleworker working from home was calculated using the same methodology for all six countries in this analysis. An average teleworker was assumed to consume additional energy when working from home from the following office equipment and domestic appliances:

• Laptop/desktop computer

• Computer monitor screen

• Printer

• Office light

• Kettle

The additional energy consumption per day per teleworker was then calculated for each appliance using the power data and assumptions in Table 7. It is assumed that while working from home, the working day when additional consumption occurs is 8 hours, based on a typical working day from 9:00 to 17:00.

With the additional daily energy consumption from home office equipment per teleworker derived, this figure was then multiplied by a country-specific electricity grid emission factor (see Table 8) to calculate the average additional emissions per day per teleworker when working from home. Finally, this was then multiplied by the number of days per year (by scenario, by country) that a teleworker works from home, to arrive at the final annual additional emissions from home office equipment per teleworker per year under each scenario for each country. This calculation is summarised as follows:

0.873 additional kWh/day ✖ Electricity grid emission factor $kgCO_2e/kWh_{by\ country}$
✖ Days per year worked from home$_{by\ scenario,\ by\ country}$

Home office energy and power assumptions

Emissions of telecommunications in the home office setup:

This study acknowledges that as part of homeworking, teleworkers would perform online work-related activities such as teleconferencing and video calling. However, the additional emissions associated to these activities are not included in the home energy calculations for several reasons:

- Studies have shown that the energy intensity of internet use is not proportional to CPU/data consumption and that the additional carbon footprint of internet activities is negligible.[42, 43]

- This trend was apparent during the COVID-19 pandemic, when it was shown that increases in global data traffic volumes by 50%, did not result in any significant change to energy consumption during this period.[44] This implicates that the energy intensity of internet use per user would not be significant.

- Additionally, it is unclear whether there would be any significant increase in the data usage per teleworker, compared to that of an office worker (as the telecommunications activity and behaviour would be the same)

Emissions of domestic appliances:

- Potential additional electricity consumption from small appliance heating or cooling, such as desk fans or portable electric heaters are not accounted for, as they were deemed to be used by too small a proportion of the population, and have a high degree of variability in use and consumption, to include in this analysis. This assumption is consistent with previous calculations of home energy consumption[45].

- Dishwashers and cooking appliances are also not included due to their negligible impact, when accounting for the frequency of use during the working day.[46, 47]

Notably, the additional energy consumption from teleworker work activities such as video calls, emails and more generally, the increased home internet usage are not accounted for in this study, as they have a minimal impact on emissions of teleworkers compared to office workers.

Table 7 Power data and assumptions for home office appliances

Appliance	Power Draw (W)	Additional operational time per day (hours)	Assumption & source	Additional energy use (kWh/day)
Laptop/ desktop	38.6 W	8 hours	Power draw based on weighted average of laptop (22 W) and desktop (85 W) Urban et al. (2017) Weighted by proportion of devices shipped globally (laptops =74%, desktops = 26%). *https://www.statista.com/statistics/272595/ global-shipments-forecast-for-tablets-laptops- and-desktop-pcs/*	0.31
Computer monitor screen	30.0 W	8 hours	Assume an average teleworker uses a peripheral screen for working *Urban et al. (2017)* *https://www.researchgate.net/ publication/335911295*	0.24
Printer	0.5 W	7.9 hours standby 0.1 hours printing	Assume an average teleworker prints twice a day, each print takes 2 minutes. Assume printer is on for 8 hours per day, when not printing it is on standby. Standby power draw 2 W, printing power draw 250 W, *https://support.hp.com/gb-en/ document/c00312638#AbT6*	0.03
Office light	15.0 W	8 hours	Assume office light on when working from home. *https://onlinelibrary.wiley.com/doi/ full/10.1111/j.1530-9290.2010.00280.x*	0.03
Kettle	0.1 kWh per 3 min boil	6 mins	Assume boil a kettle when working from home twice a day	0.20
Total home office setup				**0.90**

Table 8 Electricity grid emission factors

Country	Emission factor (kgCO$_2$e/kWh)	Source
UK	0.23314	BEIS DEFRA (2020)
Germany	0.4184	IEA (2020)
Spain	0.2825	IEA (2020)
Sweden	0.0144	IEA (2020)
Italy	0.325	IEA (2020)
Czech Republic	0.5186	IEA (2020)

Heating energy assumptions

The additional energy consumption resulting from domestic heating by an average teleworker when working from home has been calculated for all six countries in this analysis. Additional domestic heating occurs during heating season days when teleworkers are working from home, where heating energy consumption occurs that would have otherwise not have happened, if teleworkers had been in the office. To account for domestic heating energy consumption, the Carbon Trust analysed average national data across each country in order to reflect an accurate representation of domestic heating consumption in terms of specific heating fuel sources and heating season duration. This analysis also accounted for the average house and room sizes of teleworkers in each country, and the proportion of homes that have the ability through use of thermostats to heat only a single room when working from home as opposed to a whole house.

Accounting for these factors, this analysis has been able to estimate additional domestic heating energy consumption per teleworker specific to each country, reflecting the behaviours and domestic characteristics of each nation. Using this data and assumptions, the average domestic heating consumption per teleworker per day was calculated for each country. The data and assumptions used to calculate the additional heating consumption per average teleworker are summarised in Table 10.

The final calculation of the average annual additional domestic heating emissions per teleworker, by scenario, by country, was then made, using the relevant domestic heating fuel emission factors (see Table 9), multiplied by the additional domestic heating energy per teleworker, and multiplied by the number of days worked from home per teleworker per year (by scenario). The calculation can be summarised as follows:

$$
\begin{aligned}
&((kWh.home.day_{by\ emissions\ source} \times kgCO_2e.kWh_{by\ emissions\ source}) \\
&\quad \times (1\text{-}\%\ households\ with\ ability\ to\ heat\ single\ rooms)) \\
&+ ((kWh.room.day_{by\ emissions\ source} \times kgCO_2e.kWh_{by\ emissions\ source})) \\
&\quad \times (\%\ households\ with\ ability\ to\ heat\ single\ rooms))
\end{aligned}
$$

Table 9 Emission factors for domestic energy calculation, by source

Emissions Source	Unit	Emission Factor	Source
Natural gas	kWh	0.20778	
District Heating	kWh	0.19856	
Oil	kWh	0.3156	BEIS DEFRA (2020)
Biomass	kWh	0.0342025	
Coal	kWh	0.39619	

Table 10 Domestic heating energy sources and assumptions

	UK	Germany	Spain	Sweden	Italy	Czech Republic
Heating emissions sources	Gas	Gas Oil District Heating	Gas Oil Biomass	Electric heating District heating Biomass	Gas Oil Biomass	Gas Coal Heat Biomass
kWh/ home/year consumption	Gas: 8,000 kWh *(OFGEM Typical Domestic Consumption Values)*	Gas: 9,080 kWh (sat1.de) Oil: 25,008 kWh (bmwi.de) District Heating: 9,166 kWh (bmwi.de)	Gas: 1,163 kWh Oil: 1,101 kWh Biomass: 1,748 kWh (0.345 ToE) (Odysee-mure.eu)	Electric heating: 3,810 kWh District heating: 6,514 kWh Biomass: 2,341 kWh (energimyndigheten.se)	Gas: 7,629 kWh Oil: 404.6 kWh Biomass: 2,931 kWh (EuroStat)	Gas: 2,905 kWh Coal: 2,108 kWh Heat: 1,581 kWh Biomass: 4,463 kWh (EU Buildings datamapper)
Consumption assumptions	77% of domestic gas consumption is used for heating (UK Gov)	Proportion of homes heated, by emission source: Gas: 52.1%, Oil: 23.5%, District Heating 24.4% (destatis.de)	Proportion of homes heated, by emission source: Gas: 29% Oil: 27% Biomass: 44% (Statista)	Proportion of homes heated, by emission source: Electric heating: 27% District heating: 58% Biomass: 16% (energimyndigheten.se)	Proportion of homes heated, by emission source: Gas: 62% Oil: 8% Biomass: 30% (EuroStat)	Proportion of homes heated, by emission source: Gas: 26% Coal: 19% Heat: 14% Biomass: 40% (EuroStat)
Heating season days per year	183 (UK Gov)	183 (Mietrecht.com)	195 (contadorscalsilla.com)	183[48] (en.climate-data.org)	148 (thelocal.it)	183 (climatechangepost.com)
Typical hours of heating per day	8 hours discovery.ucl.ac.uk					
Average hours heating per year	1,464 =183 x 8	1,464 =183 x 8	1,560 =195 x 8	1,464 =183 x 8	1,185 =148 x 8	1,464 =183 x 8
Additional hours of heating per day	4 hours (assuming timings 09:00-11:00 & 15:00 to 17:00 during working day)					
% households with ability to control heating in single rooms	30% (UK Gov)	30% (UK Gov)	49% (ine.es)	30% (UK Gov)	30% (UK Gov)	30% (UK Gov)
Average size of house (m²)	89.8 (ONS)	91.9 (destatis)	94.2 (ine.es)	91.5 (scb.se)	94.2 (odyssee-mure.eu)	73.0 (vdb.czso.cz)
Average size of room (m²)	14.9 (LABC)	12.0 (Fertighaus.de)	19.36 (ine.es)	27.65 (scb.se)	22.50 (odyssee-mure.eu)	22.74 (vdb.czso.cz)

Cooling energy assumptions

The additional energy consumption resulting from the use of domestic cooling by an average teleworker working from home was calculated for each country. In northern European countries such as UK, Germany, Sweden and Czech Republic, the use of domestic cooling is relatively uncommon in households. In the absence of accurate data for these countries, UK data from Mintel Report, 2008 is used as proxy. The percentage of households with AC in each country is extrapolated out to 2020, based on

the projected increase in AC demands in each country, using unitary AC figures and per capita estimates from the Green Cooling initiative. The assumptions used to calculate the additional cooling energy consumption per teleworker per year, for each scenario is outlined in Table 11.

The additional cooling energy consumption per year per teleworker was then calculated for each COVID scenario for Italy and Spain, the calculation is summarised as follows:

(Average AC kW/hr ×4 hours per day) ✗ *(Number of days worked from home$_{by\ scenario,\ by\ country}$* ✗ *50% cooling season days per year)*

Table 11 Domestic cooling energy sources and assumptions

Assumptions	UK	Germany	Spain	Sweden	Italy	Czech Republic
Percentage of homes with air conditioning	0.72%[49]	0.22%[50] (green-cooling-initiative.org)	35.5% (https://www.ine.es/)	0.81%[51] (green-cooling-initiative.org)	29.4% (istat.it)	0.51%[52] (green-cooling-initiative.org)
Average AC kWh/hr	2.45 Average based on central and wall mounted AC (https://blog.arcadia.com/much-electricity-air-conditioner-uses)					
Cooling days per year	183 (Assumption: cooling season Europe is April-September (climatechangepost.com)					
Proportion of days per year in cooling season	183/365 = 50%					
Additional hours of cooling per day when working from home	4 hours					

Office energy

The average annual avoided office-related carbon emissions per teleworker were calculated for each country under each scenario. These average annual savings represent the average carbon emissions per teleworker that would have been emitted over a year-long period if the average teleworker had worked in the office, rather than worked from home. The avoided office-related energy consumption and associated carbon emissions savings were calculated by analysing average national buildings and office energy consumption data, statistics and literature.

To allocate the additional avoided office-related energy consumption on a per office worker/ teleworker basis, the analysis needed to account for three core aspects:

1. Energy use from offices, by emission source

2. Average office workstation size (m^2)

3. Rate of desk utilisation (%)[53]

These data and assumptions were then used to calculate the average additional avoided office energy consumption (by emissions source) on the basis of kgCO$_2$e avoided/teleworker/day. The energy consumption of offices and average workstation sizes was used to allocate energy on a kWh/workstation/day basis. This was then analysed against the average desk utilisation rate. The rate of desk utilisation changed according to the COVID scenario, to reflect the changing working patterns experienced during the pandemic. Desk utilisation helped to capture the emissions per occupied workstation year (kgCO$_2$e/occupied workstation/day). Desk utilisation rate reflects the average time that a desk is occupied by an office worker. This enabled emissions to be calculated for office workers, accounting for the period where the desk is in use. Finally, this value was then multiplied by the number of days per year (by scenario, by country) that a teleworker works from home, to arrive at the final annual additional office energy avoided per teleworker. This calculation is summarised as follows:

$$\textit{Avoided office emissions per teleworker kgCO}_2\textit{e/year} = \frac{\textit{Average office emissions per workstation per day}}{\textit{(average desk utilisation rate (\%))}} \times$$
$$\textit{average number of days worked from home by a teleworker per year}$$

The avoided office energy consumption per day per teleworker was calculated for each country using the following office energy, workstation size and desk utilisation assumptions in Table 12.

Office assumptions & sources

Table 12 Assumptions to calculate avoided office energy consumption per day per teleworker

Assumptions	UK	Germany	Spain	Sweden	Italy	Czech Rep.
Emissions sources considered	Gas Electricity (Better Buildings Partnership)	Gas Electricity (EU buildings data mapper)	Gas Electricity (Gangolells et al., 2019)	Gas Electricity District heating (Swedish energy agency)	Gas Electricity (EU buildings data mapper)	Gas Electricity (EU buildings data mapper)
Workstation size (m^2)	10.43 (bco.org.uk)	13.60 (deskmag.com/de) (haufe.de) (dw.com)	12.50 (elconfidencial.com)	9.00 (lokalguiden.se) (av.se)	12.50 (elconfidencial.com)	10.00 (conbiz.eu)
Desk utilisation rate (%): **Pre-COVID**[54]	68 (theworkspaceconsultants.com)					
Desk utilisation rate (%): **During-COVID**[55]	42 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	56 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	59 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	61 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	55 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	54 (theworkspaceconsultants.com) (https://tradingeconomics.com/)
Desk utilisation rate (%): **Post-COVID 2021**[56]	60 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	67 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	66 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	67 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	66 (theworkspaceconsultants.com) (https://tradingeconomics.com/)	65 (theworkspaceconsultants.com) (https://tradingeconomics.com/)
Desk utilisation rate (%): **Post-COVID 2022+**[57]	68 (theworkspaceconsultants.com)					

Case study analysis

This analysis assessed the variability in daily teleworker savings when working from home compared to working in the office, across different case study scenarios. For each case study, specific parameters and assumptions were chosen to reflect the different circumstances and behaviours of teleworkers, across two countries, Spain and Germany, and how that can significantly impact their overall emissions footprint. The three parameters assessed were as follows:

• Seasonality (Winter vs Summer)

• Mode of transport (car vs train)

• Regional location (rural vs urban)

For each case study, the teleworker emissions methodology is consistent with the assumptions used for previous calculations such as average teleworking frequency and population data. However, specific assumptions for each parameter were chosen, to reflect a modified circumstance of teleworkers. These are defined in each case study (see below). The key parameters and assumption used for each case study are outlined below in Table 13 and Table 14.

Case study 1 – Seasonality and mode of transport

For case study 1, four scenarios were evaluated to reflect the different seasonal and commuting environments of teleworkers across the two countries. In particular, the average commute distance for each country remained constant, while the hours of heating and cooling was changed to reflect seasonality. Additionally, the mode of transport varied to reflect the differing impact of commuting emissions.

Case study 2 – Rural vs. Urban

For case study 2, four scenarios were evaluated to reflect the regional variation in commuting patterns of teleworkers across the two countries. Specifically, it was assumed that rural workers commute a substantially greater distance, often by car, compared to urban teleworkers who would commute a shorter distance and often by public transport e.g. train. This is to reflect regional difference of teleworkers, while, the hours of heating and cooling were changed to reflect seasonality. Notably, this case study does not reflect the difference in fuel mix for each country and how this may impact the transport emission factors ($kgCO_2e/km$) by mode of transport, for commuting teleworkers.

Case study 1 parameters

Table 13 Parameters and assumptions used for case study 1

Country	Germany				Spain			
Scenario	Car in Winter	Car in Summer	Train in Winter	Train in Summer	Car in Winter	Car in Summer	Train in Winter	Train in Summer
Hours of heating (hr)	8	0	8	0	8	0	8	0
Hours of cooling (hr)	0	4	0	4	0	8	0	8
Mode of transport emission factor ($kgCO_2e/km$)	0.22		0.04		0.22		0.04	

Case study 2 parameters

Table 14 Parameters and assumptions used for case study 2

Country	Germany				Spain			
Scenario	**Rural worker in Winter**	**Rural worker in Summer**	**Urban worker in Winter**	**Urban worker in Summer**	**Rural worker in Winter**	**Rural worker in Summer**	**Urban worker in Winter**	**Urban worker in Summer**
Hours of heating (hr)	8	0	8	0	8	0	8	0
Hours of cooling (hr)	0	4	0	4	0	8	0	8
Average commuting distance (km)	40		20		40		20	
Mode of transport emission factor (kgCO$_2$e/km)	0.22		0.04		0.22		0.04	

Appendix 2: Changes in homeworking patterns during and post COVID

The results of the Carbon Trust's analysis of publicly available data sources and national statistics provide an indication of the levels, in terms of frequency, of teleworking across the six European nations: UK, Germany, Spain, Sweden, Italy and the Czech Republic. The frequency of teleworking is represented by the average number of days per week that a teleworker works from home. Results of average teleworking frequency are presented for each of the four COVID scenarios. Table 15 shows the key data sources used for calculations of teleworking frequency per week per country, by each scenario.

Table 15 Teleworking frequency sources per country, by scenario

Scenario	UK	Germany	Spain	Sweden	Italy	Czech Rep.
Pre-COVID	Felstead, A., & Reuschke, D., 2020 (link) UK Data service, 2020 (link)	deloitte.com/de	EuroStat	EuroStat	statista.com	EuroStat
During COVID	Felstead, A., & Reuschke, D. (2020) (link)	bitkom.org	aimc.es	scb.se	blog. osservatori. net/it	zivotbehem pandemie.cz
Post-COVID (2021)	McKinsey (2021)*					
Post-COVID (2022+)	Upwork (2020)†					

* Carbon Trust estimated that the future frequency of homeworking will be somewhere in between pre- and during- COVID levels (an average of pre-COVID & during-COVID frequencies), sense-checked against McKinsey (2021).

†Carbon Trust estimated that the frequency of days WFH per week will decrease by 11% compared to post-COVID 2021 frequency, using Upwork (2020) proportional change in teleworking as a proxy for teleworking frequency.

Figure 24 The average number of days worked from home by teleworker, pre-COVID, by country
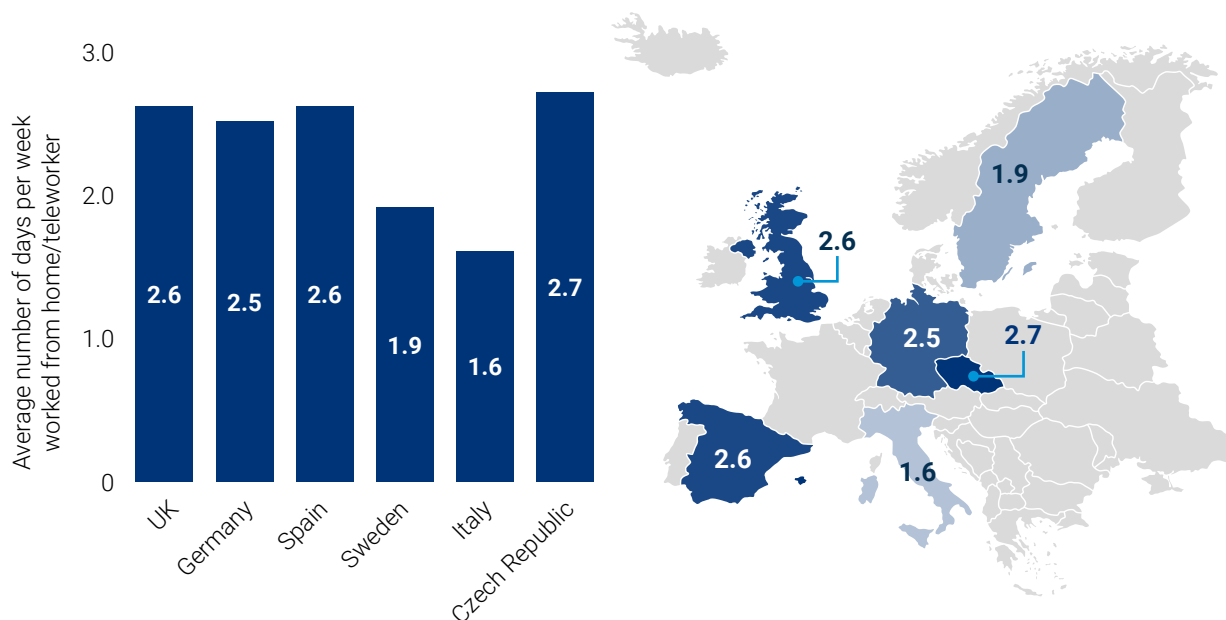
Before the coronavirus pandemic the average frequency of homeworking amongst teleworkers across all six countries is shown in Figure 24. The average frequency of homeworking amongst teleworkers was highest in the Czech Republic (2.7 days), with a similar average frequency in the UK (2.6 days), Germany (2.5 days), and Spain (2.6 days), also just below the three days a week mark. Both Sweden (1.9 days) and Italy (1.6 days) returned the lowest average number of days per week worked from home by teleworkers before the COVID pandemic, under two days per week.

Figure 25 illustrates the regional variability in teleworking during the COVID pandemic. This shows the significant increase in teleworking compared to the pre-COVID scenario for all countries, although with different increases per country. This reflects the varied nature of teleworking across Europe during the pandemic.[58]

Figure 25 Average number of days per week worked from home by teleworkers During COVID
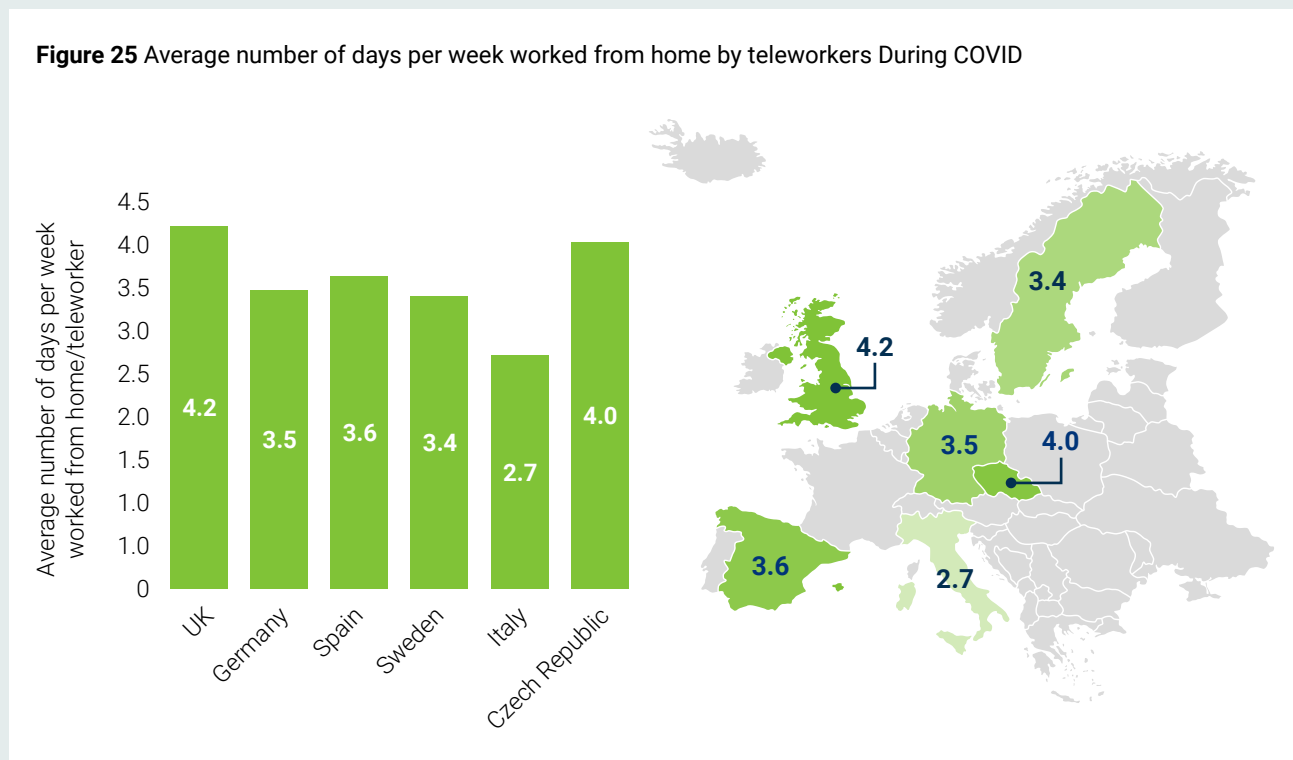
The response of teleworking patterns to COVID varies by country

While all six countries analysed have seen an increase in the homeworking frequency of teleworkers, there is again significant regional variability in this increase from before to during the pandemic (Figure 25).

The UK has shown the greatest increase in days per week worked from home by teleworkers by 1.6 days per week, to 4.2 days per week overall during the COVID-19 pandemic lockdown. Germany meanwhile, whilst previously having one of the highest homeworking frequencies, saw the smallest increase during the lockdown restrictions, of just 0.9 days, to 3.5 days per week during COVID. The during COVID trend of homeworking frequency results show a different regional pattern compared to before the pandemic.

Finally, this analysis also looked at the potential future frequency of homeworking amongst teleworkers in both a short term (post-COVID 2021) and longer term (post-COVID 2022+) scenario. It must be noted that the results of these scenarios, especially the frequency of homeworking, are based on potential future trends from research literature and studies, and are inherently highly uncertain. They represent only one potential future scenario that may or may not play out in the coming years.

Figure 26 shows the change in teleworking frequency for countries in post-COVID scenarios of 2021 and 2022+.

At the time of writing it was projected that EU societies would move out of lockdown restrictions in mid/late 2021.

Figure 26 Average number of days per week worked from home by teleworkers Post-COVID (2021 & 2022+)
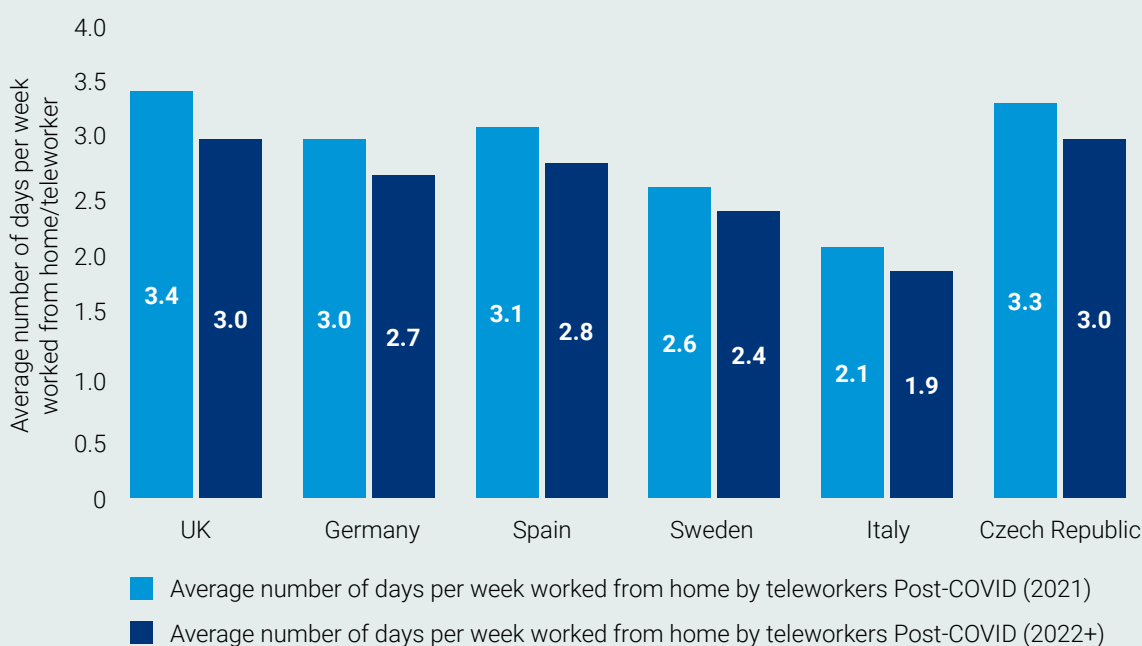

Figure 26 indicates that all countries will experience a reduction in homeworking frequency by teleworkers compared to the during-COVID scenario. Notably, The UK and Czech Republic continue to have highest frequencies of homeworking by teleworkers, at 3.4 and 3.3 days per week on average, while Sweden and Italy have the lowest weekly frequencies, but have seen an increase on pre-COVID levels nonetheless.

This trend follows the assumption that teleworkers will begin to return to the office on an increased basis as restrictions are relaxed. However, this scenario reflects that the COVID-19 pandemic has had a more profound and lasting impact on teleworking behaviour, for both those who teleworked before the pandemic or those newly accustomed to it. This is shown by the frequency of teleworking for 2021 and 2022+ dropping lower than during-COVID levels but remaining significantly higher than pre-COVID levels. This is

reflective of the fact that more workers and jobs have adapted to teleworking conditions, and that it will remain a significant part of people's working lives in the future, as projected by various studies.[59, 60]

In the longer-term post-COVID (2022+) scenario, once all restrictions have been lifted, the modelled scenario suggests that homeworking frequencies of teleworkers will continue to decrease from during-COVID and post-COVID 2021 levels, however, still remaining above pre-COVID levels. This scenario reflects the assumption that while homeworking decreases as more teleworkers revert back to spending more of their average working week in the office, the heightened homeworking legacy of the COVID pandemic has continued to leave a lasting impact on teleworker patterns and has become a more embedded and accepted way of working.

Figure 27 Average number of days per week worked from home by teleworkers across all COVID scenarios

Legend:
- Average number of days per week worked from home by teleworkers Pre-COVID
- Average number of days per week worked from home by teleworkers During-COVID
- Average number of days per week worked from home by teleworkers Post-COVID (2021)
- Average number of days per week worked from home by teleworkers Post-COVID (2022+)
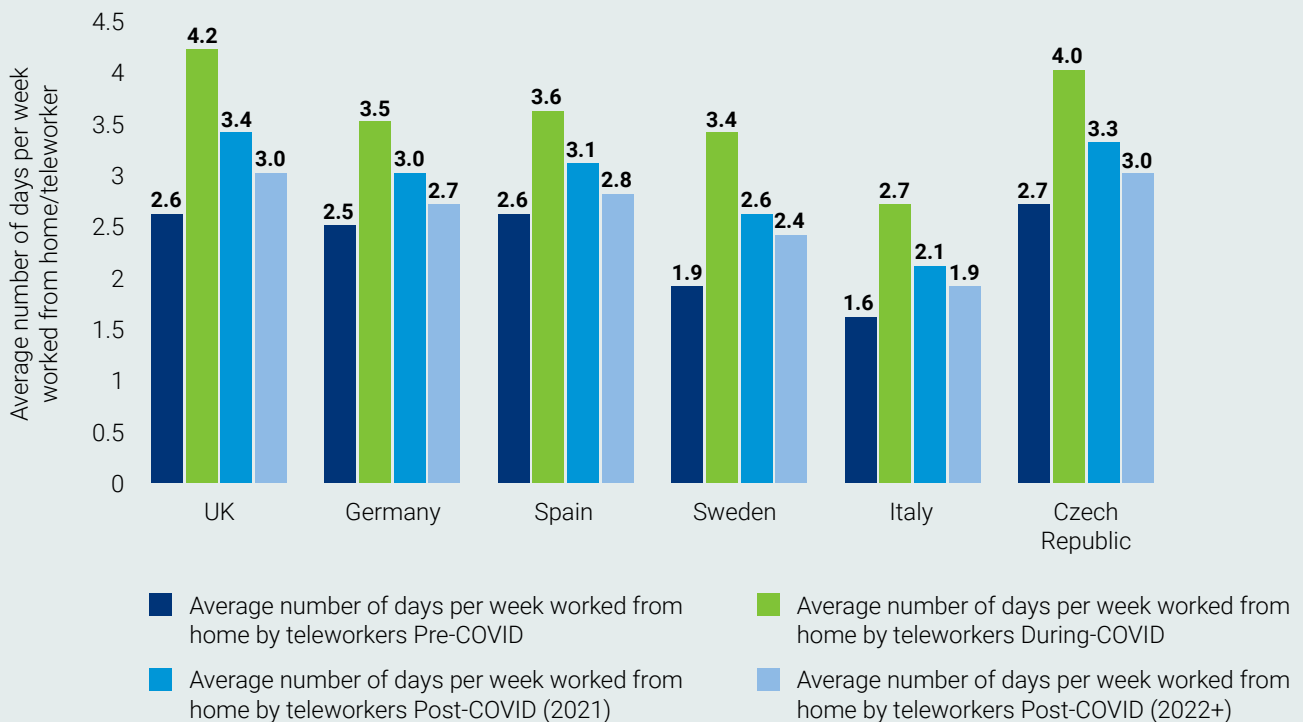
Figure 27 illustrates the development of the average weekly frequency of homeworking by teleworkers for each country across the four scenarios. From these modelled scenario results, it is evident that based on our current understanding of homeworking patterns, all countries across this analysis have followed a similar pattern of homeworking frequency. Average teleworking frequencies have moved from a relatively low pre-COVID level to a peak during COVID, followed by a reduction in homeworking frequency in the short-term post-COVID scenario, continuing to decrease in the longer-term scenario, but remaining higher than pre-COVID levels.

Change in total teleworking population during the COVID-19 pandemic

This analysis has also assessed the changing structure of the working populations of each country, and the impact of COVID on the teleworking population (Figure 28). Before the COVID pandemic and lockdown restrictions were in place, teleworkers represented a minority of workers in the working population, outweighed by non-teleworkers. However, this proportion varied substantially between countries. The UK and Germany had the lowest proportions of teleworkers in their working populations, pre-COVID, while Sweden had the highest proportion of teleworkers prior to the COVID pandemic.

Figure 28 Teleworkers as a proportion of working population, pre vs. during COVID
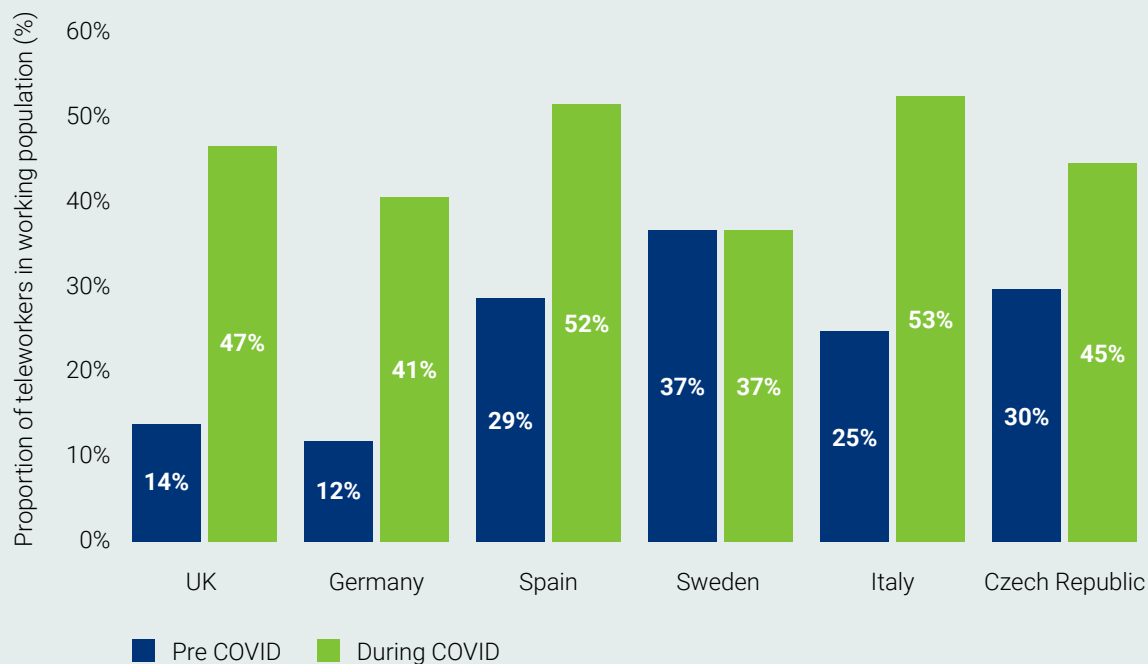
The COVID pandemic has had a clear impact on the proportion of teleworkers in the working population across these European countries. All countries except Sweden, have seen a significant increase in the proportion of teleworkers in the working population during COVID. This shift in teleworking populations is an expected result of national lockdown restrictions across European countries, that forced and encouraged more workers to adopt teleworking during the pandemic.[61, 62] Against the trend of the other countries, Sweden shows a very small reduction in the proportion of teleworkers, which is likely reflective of both the impact of COVID on its national job market, as well as the Swedish government adopting less restrictive lockdown measures and rules around working patterns during the pandemic, compared to other European countries.[63]

Projecting the future teleworking population, on the other side of the pandemic, is highly uncertain, therefore this analysis has not attempted to project the future scenarios in detail for each country. However, what the results of this analysis and studies on the future of homeworking tells us is that the population of teleworkers is likely to grow significantly in the long-term, building upon the growth of teleworking populations during COVID-19.[64, 65, 66] Some estimates suggest that by 2022, 34% of the working population may be permanent remote workers, with an additional proportion of workers being teleworkers who telework intermittently.[67] With such an increase in the future, this would result in a much more significant proportion of the working population being classed as general teleworkers than pre or during COVID levels.

Appendix 3: Supplementary charts and tables

Total teleworker carbon savings

Table 16 Total average annual carbon savings per teleworker, by scenario, by country (kgCO$_2$e/teleworker/year), and the average number of days per week worked from home by a teleworker

Scenario	UK	Germany	Spain	Sweden	Italy	Czech Rep.
Total carbon saving per teleworker: Pre-COVID (kgCO$_2$e/teleworker/year)	272	663	563	124	876	75
Average days per week worked from home Pre-COVID	2.6	2.5	2.6	1.9	1.6	2.7
Total carbon saving per teleworker: During-COVID (kgCO$_2$e/teleworker/year)	889	1,144	890	243	1,861	270
Average days per week worked from home during COVID	4.2	3.5	3.6	3.4	2.7	4.0
Total carbon saving per teleworker: Post-COVID (2021) (kgCO$_2$e/teleworker/year)	429	801	689	175	1,215	117
Average days per week worked from home Post-COVID (2021)	3.4	3.0	3.1	2.6	2.1	3.3
Total carbon saving per teleworker: Post-COVID (2022+) (kgCO$_2$e/teleworker/year)	273	700	599	117	1,055	84
Average days per week worked from home Post-COVID (2022+)	3.0	2.7	2.8	2.4	1.9	3.0

Teleworker carbon savings by component

Table 17 Average potential carbon impacts ($kgCO_2e$) per teleworker from commuting, office and domestic-related emissions, and the average potential carbon savings per teleworker, by country, by scenario

Scenario	Measure	UK	Germany	Spain	Sweden	Italy	Czech Rep.
Pre-COVID	Commuting emissions	162	579	193	434	271	154
	Avoided commuting emissions	-174	-598	-213	-265	-127	-174
	Additional domestic energy-related emissions	336	727	196	252	203	513
	Avoided office-related emissions	-435	-792	-546	-111	-951	-414
	Total carbon saving per teleworker: Pre-COVID	272	663	563	124	876	75
During-COVID	Commuting emissions	54	364	113	219	183	65
	Avoided commuting emissions	-282	-813	-294	-474	-215	-263
	Additional domestic energy-related emissions	545	988	270	451	342	776
	Avoided office-related emissions	-1,153	-1,320	-867	-220	-1,988	-784
	Total carbon saving per teleworker: During-COVID	889	1,144	890	243	1,861	270
Post-COVID (2021)	Commuting emissions	108	471	153	330	227	110
	Avoided commuting emissions	-228	-706	-253	-369	-171	-218
	Additional domestic energy-related emissions	441	858	233	351	273	645
	Avoided office-related emissions	-642	-953	-668	-157	-1,317	-544
	Total carbon saving per teleworker: Post-COVID (2021)	429	801	689	175	1,215	117
Post-COVID (2022+)	Commuting emissions	132	545	180	369	245	132
	Avoided commuting emissions	-204	-632	-227	-331	-153	-195
	Additional domestic energy-related emissions	441	768	209	351	244	577
	Avoided office-related emissions	-510	-837	-581	-138	-1,145	-466
	Total carbon saving per teleworker: Post-COVID (2022+)	273	700	599	117	1,055	84

Figure 29 Balancing of commuting, office and domestic emissions, by teleworker, by year

Legend (top left chart):
- Pre-COVID avoided commuting emissions
- Pre-COVID additional domestic energy-related emissions
- Pre-COVID avoided office-related emissions

Legend (top right chart):
- During-COVID avoided commuting emissions
- During-COVID additional domestic energy-related emissions
- During-COVID avoided office-related emissions

Legend (bottom left chart):
- Post-COVID (2021) avoided commuting emissions
- Post-COVID (2021) additional domestic energy-related emissions
- Post-COVID (2021) avoided office-related emissions

Legend (bottom right chart):
- Post-COVID (2022+) avoided commuting emissions
- Post-COVID (2022+) additional domestic energy-related emissions
- Post-COVID (2022+) avoided office-related emissions

Enabled avoided emissions of teleworkers

Table 18 Proportion of commuting and office enabled avoided emissions, per country, per scenario

% of enabled avoided emissions /teleworker/year		UK	Germany	Spain	Sweden	Italy	Czech Rep.
Pre-COVID	Office	71%	57%	72%	29%	88%	70%
	Commuting	29%	43%	28%	71%	12%	30%
During COVID	Office	80%	62%	75%	32%	90%	75%
	Commuting	20%	38%	25%	68%	10%	25%
Post-COVID (2021)	Office	74%	57%	73%	30%	88%	71%
	Commuting	26%	43%	27%	70%	12%	29%
Post-COVID (2022+)	Office	71%	57%	72%	29%	88%	70%
	Commuting	29%	43%	28%	71%	12%	30%

Figure 30 Office emissions savings per teleworker by country and scenario
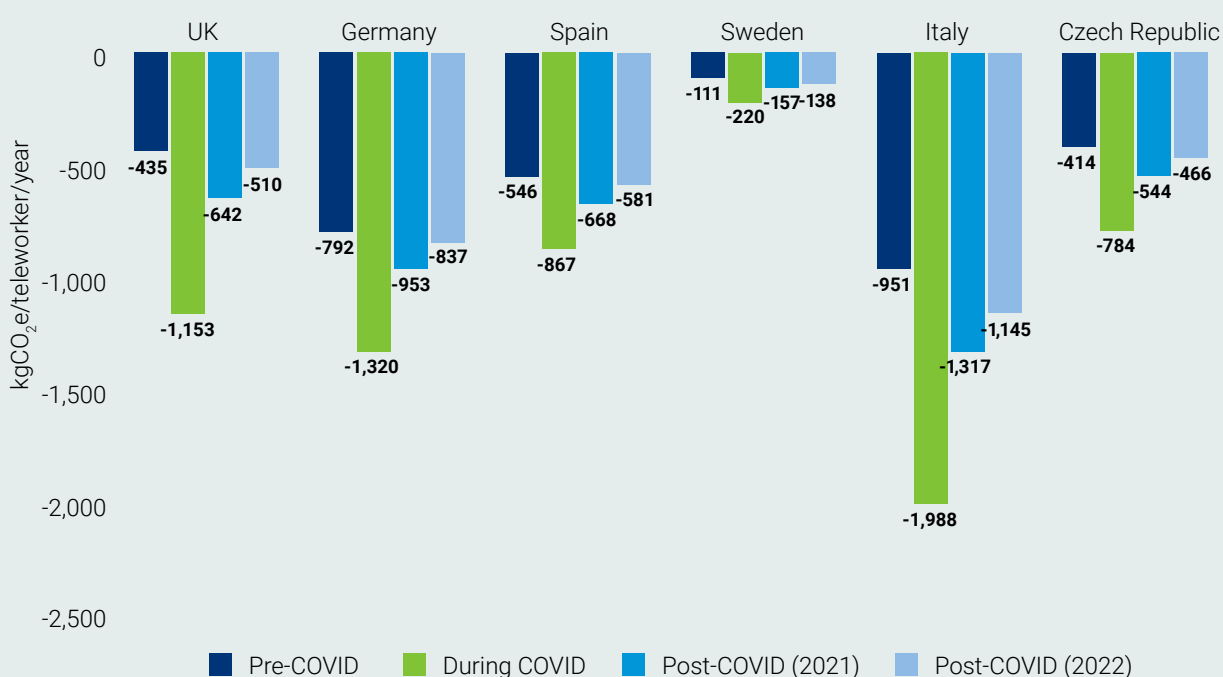
**Case study 1: German & Spanish average teleworkers daily emissions scenario analysis –
Car vs. Train, Winter vs. Summer**

Table 19 Key assumptions and calculated emissions savings for a German teleworker in case study 1, across four scenarios

	Scenario 1: German teleworker, commuting by car during the winter		Scenario 2: German teleworker, commuting by car during the summer		Scenario 3: German teleworker, commuting by train during the winter		Scenario 4: German teleworker, commuting by train during the summer	
	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office
Commuting emissions	–	7.29	–	7.29	–	1.49	–	1.49
Domestic emissions	12.71	–	4.47	–	12.71	–	4.47	–
Office emissions	–	5.97	–	3.62	–	5.97	–	3.62
Total emissions ($kgCO_2e$/day)	**12.71**	**13.26**	**4.47**	**10.90**	**12.71**	**7.47**	**4.47**	**5.11**
Teleworker Saving ($kgCO_2e$/day)	*0.55*		*6.44*		*-5.24*		*0.65*	

Table 20 Key assumptions and calculated emissions savings for a Spanish teleworker in case study 1, across four scenarios

	Scenario 5: Spain teleworker, commuting by car during the winter		Scenario 6: Spain teleworker, commuting by car during the summer		Scenario 7: Spain teleworker, commuting by train during the winter		Scenario 8: Spain teleworker, commuting by train during the summer	
	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office
Commuting emissions	–	2.84	–	2.84	–	0.58	–	0.58
Domestic emissions	2.29	–	5.78	–	2.29	–	5.78	–
Office emissions	–	3.83	–	2.91	–	3.83	–	2.91
Total emissions ($kgCO_2e$/day)	**2.29**	**6.67**	**5.78**	**5.75**	**2.29**	**4.41**	**5.78**	**3.49**
Teleworker Saving ($kgCO_2e$/day)	*4.38*		*-0.03*		*2.12*		*-2.29*	

Case study 2: German & Spanish typical teleworkers daily emissions scenario analysis. Rural vs Urban, Winter vs. Summer

Table 21 Key assumptions and calculated emissions savings for a German teleworker in case study 2, across the four scenarios

	Scenario 1: German rural teleworker, commuting by car during the winter		Scenario 2: German rural teleworker, commuting by car during the summer		Scenario 3: German urban teleworker, commuting by train during the winter		Scenario 4: German urban teleworker, commuting by train during the summer	
	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office
Commuting emissions	–	8.62	–	8.62	–	0.88	–	1.49
Domestic emissions	12.71	–	4.47	–	12.71	–	4.47	–
Office emissions	–	5.97	–	3.62	–	5.97	–	3.62
Total emissions (kgCO$_2$e/day)	**12.71**	**14.60**	**4.47**	**12.24**	**12.71**	**6.86**	**4.47**	**4.50**
Teleworker Saving (kgCO$_2$e/day)	*1.89*		*7.78*		*-5.85*		*0.04*	

Table 22 Key assumptions and calculated emissions savings for a Spanish teleworker in case study 2, across the four scenarios

	Scenario 5: Spain rural teleworker, commuting by car during the winter		Scenario 6: Spain rural teleworker, commuting by car during the summer		Scenario 7: Spain urban teleworker, commuting by train during the winter		Scenario 8: Spain urban teleworker, commuting by train during the summer	
	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office	Working from home	Working from office
Commuting emissions	–	8.62	–	8.62	–	0.88	–	0.88
Domestic emissions	2.29	–	5.78	–	2.29	–	5.78	–
Office emissions	–	3.83	–	2.91	–	3.83	–	2.91
Total emissions (kgCO$_2$e/day)	**2.29**	**12.45**	**5.78**	**11.53**	**2.29**	**4.71**	**5.78**	**3.80**
Teleworker Saving (kgCO$_2$e/day)	*10.17*		*5.75*		*2.43*		*-1.99*	

Sensitivity analysis

Table 23 Desk utilisation rate in post COVID (2022+) scenario at the current projected trajectory, compared to the sensitivity analysis scenario outlined above

	UK	Germany	Spain	Sweden	Italy	Czech Rep.
Post-COVID (2022+) – Current future trajectory	68% (European average peak desk utilisation rates)					
Post-COVID (2022+) – Sensitivity scenario	90% (Sensitivity scenario if office rationalisation occurs)					

Table 24 Total carbon saving per teleworker per year, by country in a post COVID (2022+) scenario with increased office rationalisation

		UK	Germany	Spain	Sweden	Italy	Czech Rep.
Post-COVID (2022+)	Desk utilisation 90% carbon saving (kgCO$_2$e/teleworker/year)	149	496	457	83	775	-28
Post-COVID (2022+)	Desk utilisation typical average carbon saving (kgCO$_2$e/teleworker/year)	273	700	599	117	1,055	84
Post-COVID (2022+)	Variance	-46%	-29%	-24%	-29%	-27%	-134%

Teleworking populations, teleworkable jobs and future carbon savings

Table 25 Assumptions and sources used to calculate the number of potential teleworkable jobs and the average frequency of homeworking when teleworking, by country.

	UK	Germany	Spain	Sweden	Italy	Czech Rep.
Total number of working employees during COVID-19	32,534,523 ons.gov.uk (Table A02)	44,792,000 destatis.de	19,176,900 ine.es	5,061,700 statistikdatabasen.scb.se	22,863,000 dati.istat.it	5,383,600 vdb.czso.cz
Proportion of Teleworkable jobs (%)	47%[68]	39% EuroFound, 2020b (LFS, COVID-19 working group)	34% EuroFound, 2020b (LFS, COVID-19 working group)	42% EuroFound, 2020b (LFS, COVID-19 working group)	36% EuroFound, 2020b (LFS, COVID-19 working group)	32% EuroFound, 2020b (LFS, COVID-19 working group)
Total number of potential teleworkable jobs	15,161,088	17,468,880	6,520,146	2,125,914	8,230,680	1,722,752
Teleworking Frequency (No. days per week WFH) Post COVID (2022+)	3.0	2.7	2.8	2.4	1.9	3.0
Average carbon saving per year per teleworker (kgCO$_2$e/year) Post COVID (2022+)	273	700	599	117	1,055	84

Figure 31 Proportion of teleworkable jobs per country
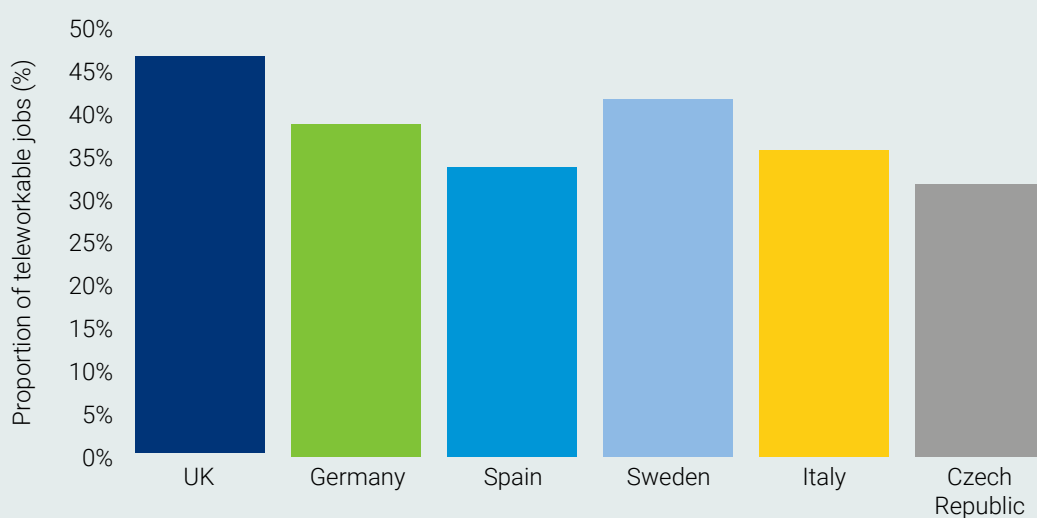
Vodafone office data

Table 26 Assumptions and sources used to calculate the reduction in office emissions, by Vodafone office.

Vodafone Office	Newbury	Dusseldorf	Madrid	Milan	Prague
Office energy consumption (kWh/m^2)	268	264	165*	402	312
Number of employees	5,025	4,650	2,486**	1,877	1,381

* Average energy consumption across all Vodafone Spain offices, not specified for the Madrid office

** Madrid office data

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